

aakhaa jeevaa visrai mar jaa-o

Ans w mhl w 1] (9-15)	aasaa mehlaa 1.	Aasaa, First Mehl:
AwKw j lvr ivsrYmir j wau]	aakhaa jeevaa visrai mar jaa-o.	Chanting it, I live; forgetting it, I die.
AwKix AaKw swicw n wau]	aakhan a-ukhaa saachaa naa-o.	It is so difficult to chant the True Name.
swicy nwm kl l wgy BK]	saachay naam kee laagai bhookh.	If someone feels hunger for the True Name,
aiqu BK Y Kwie cl l Aih dK]1]	ut bhookhai khaa-ay chalee-ahi dookh. 1	that hunger shall consume his pain. 1
so ikau ivsrYmyrl mwie]	so ki-o visrai mayree maa-ay.	How can I forget Him, O my mother?
swicw swihbu swicw nwie]1] rh wau]	saachaa saahib saachai naa-ay. 1 rahaa-o.	True is the Master, True is His Name. 1 Pause
swicy nwm kl iql uvifAwel]	saachay naam kee til vadi-aa-ee.	Trying to describe even an iota of the Greatness of the True Name,
AwK Oky klmiq nhl pwel]	aakh thakay keemat nahee paa-ee.	people have grown weary, but they have not been able to evaluate it.
j ysiB imil kYAwKx pwih]	jay sabh mil kai aakhan paahi.	Even if everyone were to gather together and speak of Him,
vfw n hwY Gwit n j wie]2]	vadaa na hovai ghaat na jaa-ay. 2	He would not become any greater or any lesser. 2
nw EhumrYn hwY sgu]	naa oh marai na hovai sog.	That Lord does not die; there is no reason to mourn.
dpl rhYn clkY Bgu]	daydaa rahai na chookai bhog.	He continues to give, and His Provisions never run short.
gxuehohoru nwhl kie]	gun ayho hor naahee ko-ay.	This Virtue is His alone; there is no other like Him.
nw kohAw nw kohie]3]	naa ko ho-aa naa ko ho-ay. 3	There never has been, and there never will be. 3
j yvfAwip qvf qrl dwiq]	jayvad aap tayvad tayree daat.	As Great as You Yourself are, O Lord, so Great are Your Gifts.
ij in idnu kir kYklql rwiq]	jin din kar kai keete raat.	The One who created the day also created the night.
Ksmu ivsrwih qy kmj wiq]	khasam visaareh tay kamjaat.	Those who forget their Lord and Master are vile and despicable.
nwnk nwl bw Ju snwiq]4]3]	naanak naavai baajh sanaat. 4 3	O Nanak, without the Name, they are wretched outcasts. 4 3