

gur govind mayray man Dhi-aa-ay

Braumhl w 5] (1148-19)	bhairo mehlaa 5.	Bhairao, Fifth Mehl:
I wj mrYj onnmun l yY]	laaj marai jo naam na layvai.	One who does not repeat the Naam, the Name of the Lord, shall die of shame.
nm ibhth sIKl ikauSwY]	naam bihoon sukhee ki-o sovai.	Without the Name, how can he ever sleep in peace?
hir ismrnuCwif prm giq cwhY]	har simran chhaad param gat chaahai.	The mortal abandons meditative remembrance of the Lord, and then wishes for the state of supreme salvation;
mU ibnw swKw kq AwHY]1]	mool binaa saakhaa kat aahai. 1	but without roots, how can there be any branches? 1
guru govind mayray man <u>D</u> hi-aa-ay]	gur govind mayray man <u>D</u> hi-aa-ay.	O my mind, meditate on the Guru, the Lord of the Universe.
j nm j nm kl ml uaqwY bDn kwiit hir slg iml wie]1] rhwau]	janam janam kee mail utaarai banDhan kaat har sang milaa-ay. 1 rahaa-o.	The filth of countless incarnations shall be washed away. Breaking your bonds, you shall be united with the Lord. 1 Pause
qlriQ nwie khw sic sl u]	tirath naa-ay kahaa such sail.	How can a stone be purified by bathing at a sacred shrine of pilgrimage?
mn kau ivAwpY hamY ml u]	man ka-o vi-aapai ha-umai mail.	The filth of egotism clings to the mind.
koit krm bDn kw ml u]	kot karam banDhan kaa mool.	Millions of rituals and actions taken are the root of entanglements.
hir kyBj n ibnuibrQw pl u]2]	har kay bhajan bin birthaa pool. 2	Without meditating and vibrating on the Lord, the mortal gathers only worthless bundles of straw. 2
ibnuKwey bWY nhl BK]	bin khaa-ay boojhai nahee bhookh.	Without eating, hunger is not satisfied.
rguj wie qW aqrih dIK]	rog jaa-ay taa ^N utreh dookh.	When the disease is cured, then the pain goes away.
kwm kD I B mih ibAwipAw]	kaam kroDh lobh mohi bi-aapi-aa.	The mortal is engrossed in sexual desire, anger, greed and attachment.
ij in plB klnw sopBunhl j wipAw]3]	j in parabh keenaa so parabh nahee jaapi-aa. 3	He does not meditate on God, that God who created him. 3
DnuDnu swD Dhuhir nwaau]	<u>D</u> han <u>D</u> han saa <u>D</u> h <u>D</u> han har naa-o.	Blessed, blessed is the Holy Saint, and blessed is the Name of the Lord.

A᳚T phr klrqnugik g᳚ai]	aath pahar keertan gun gaa-o.	Twenty-four hours a day, sing the Kirtan, the Glorious Praises of the Lord.
Dn᳚hir Bgiq Dn᳚krx᳚᳚r]	<u>D</u> han har <u>b</u> haga᳚ <u>D</u> han karnaihaar.	Blessed is the devotee of the Lord, and blessed is the Creator Lord.
srix n᳚nk p᳚B pirK Ap᳚r]4]32]45]	saran naanak parab᳚ purakh apaar. 4 32 45	Nanak seeks the Sanctuary of God, the Primal, the Infinite. 4 32 45