

laaj marai jo naam na layvai

B'raumhl w 5 ] (1148-19)	<u>b</u> hairo mehlaa 5.	Bhairao, Fifth Mehl:
I wj mrYj onnmun l yY ]	laaj marai jo naam na layvai.	One who does not repeat the Naam, the Name of the Lord, shall die of shame.
nm ibhth sIKl ikauSwY ]	naam bihoon suk <u>h</u> ee ki-o sovai.	Without the Name, how can he ever sleep in peace?
hir ismrnuCwif prm giq cwhY ]	har simran <u>ch</u> haad param ga <u>t</u> chaahai.	The mortal abandons meditative remembrance of the Lord, and then wishes for the state of supreme salvation;
mU ibnw swKw kq AwH Y ]1]	mool binaa saak <u>h</u> aa ka <u>t</u> aahai.   1	but without roots, how can there be any branches?   1
guru govindumrymn iDAwie ]	gur govind <u>m</u> ayray man <u>D</u> hi-aa-ay.	O my mind, meditate on the Guru, the Lord of the Universe.
j nm j nm kl ml uaqwY bDn kwit hir slg iml wie ]1] rhwau ]	janam janam kee mail u <u>t</u> arai ban <u>D</u> han kaat har sang milaa-ay.   1   rahaa-o.	The filth of countless incarnations shall be washed away. Breaking your bonds, you shall be united with the Lord.   1  Pause
qlriQ nwie khw sic sl u ]	<u>t</u> irath naa-ay kahaa such sail.	How can a stone be purified by bathing at a sacred shrine of pilgrimage?
mn kauivAwpY hamY ml u ]	man ka-o vi-aapai ha-umai mail.	The filth of egotism clings to the mind.
ko <u>t</u> krm bDn kw ml u ]	kot karam ban <u>D</u> han kaa mool.	Millions of rituals and actions taken are the root of entanglements.
hir kyBj n ibnuibrQw pl u ]2]	har kay <u>b</u> hajan bin birthaa pool.   2	Without meditating and vibrating on the Lord, the mortal gathers only worthless bundles of straw.   2
ibnuKwey bWYnhl BK ]	bin <u>k</u> haa-ay booj <u>h</u> ai nahee <u>b</u> hook <u>h</u> .	Without eating, hunger is not satisfied.
rguj wie qW aqrih dIK ]	rog jaa-ay <u>t</u> aa <sup>N</sup> u <u>t</u> reh dook <u>h</u> .	When the disease is cured, then the pain goes away.
kwim kD I B mih ibAwipAw ]	kaam kro <u>D</u> h lob <u>h</u> mohi bi-aapi-aa.	The mortal is engrossed in sexual desire, anger, greed and attachment.
ij in plB klnw sopBunhl j wipAw ]3]	j in parab <u>h</u> keenaa so parab <u>h</u> nahee jaapi-aa.   3	He does not meditate on God, that God who created him.   3
DnuDnu swD Dhuhir nWau ]	<u>D</u> han <u>D</u> han saa <u>D</u> h <u>D</u> han har naa-o.	Blessed, blessed is the Holy Saint, and blessed is the Name of the Lord.

A᳚T phr klrqnugik g᳚ai ]	aath pahar keertan gun gaa-o.	Twenty-four hours a day, sing the Kirtan, the Glorious Praises of the Lord.
Dn᳚hir Bgiq Dn᳚krx᳚᳚r ]	<u>D</u> han har <u>b</u> haga᳚ <u>D</u> han karnaihaar.	Blessed is the devotee of the Lord, and blessed is the Creator Lord.
srix n᳚nk p᳚B pirK Ap᳚r ]4]32]45]	saran naanak parab᳚ purakh apaar.   4  32  45	Nanak seeks the Sanctuary of God, the Primal, the Infinite.   4  32  45