

mayray man jap har har raam rangay

nt mhl w 4] (976-7)	nat mehlaa 4.	Nat, Fourth Mehl:
myrman j ip hir hir raam rangay]	mayray man jap har har raam rangay.	O my mind, chant the Name of the Lord, Har, Har, with love.
hir hir ikp w krl j gdl sir hir iDAwieE j n pig l gy]1] rhwau]	har har kirpaa karee jagdeesur har Dhi-aa-i-o jan pag lagay. 1 rahaa-o.	When the Lord of the Universe, Har, Har, granted His Grace, then I fell at the feet of the humble, and I meditate on the Lord. 1 Pause
j nm j nm kyBU clk hm Ab Awey pB srngy]	janam janam kay bhool chook ham ab aa-ay parabh sarangay.	Mistaken and confused for so many past lives, I have now come and entered the Sanctuary of God.
qm srwgiq plqpw l k sAwm hm ruKhuvf pwpgy]1]	tum sarnaagaṭ partipaalak su- aamee ham raakho vad paapgay. 1	O my Lord and Master, You are the Cherisher of those who come to Your Sanctuary. I am such a great sinner - please save me! 1
qmrl stgiq hir kōkōn aDirE pB kleypiqq pvgy]	tumree sangat har ko ko na uDhaari-o parabh kee-ay patit pavgay.	Associating with You, Lord, who would not be saved? Only God sanctifies the sinners.
gun gwvq Clpw distwirE pB ruKI pj j ngy]2]	gun gaavaṭ chheepaa dustaari-o parabh raakhee paj jangay. 2	Naam Dayv, the calico printer, was driven out by the evil villains, as he sang Your Glorious Praises; O God, You protected the honor of Your humble servant. 2
j o qmrygun gwvih sAwm hau bil bil bil iqngy]	jo tumray gun gaavahi su-aamee ha-o bal bal bal tingay.	Those who sing Your Glorious Praises, O my Lord and Master - I am a sacrifice, a sacrifice, a sacrifice to them.
Bvn Bvn pivqr siB kleyj h Dir prl j n pgy]3]	bhavan bhavan pavitar sabh kee- ay jah Dhoor paree jan pagay. 3	Those houses and homes are sanctified, upon which the dust of the feet of the humble settles. 3
qmrygun pB kih n skih hm qm vf vf prK vfgy]	tumray gun parabh kahi na sakahi ham tum vad vad purakh vadgay.	I cannot describe Your Glorious Virtues, God; You are the greatest of the great, O Great Primal Lord God.
j n nink kaudieAw pB Dwrhu hm syh qm j n pgy]4]4]	jan naanak ka-o da-i-aa parabh Dhaarahu ham sayvah tum jan pagay. 4 4	Please shower Your Mercy upon servant Nanak, God; I serve at the feet of Your humble servants. 4 4