

ayk hamaaraa antarjaamee

ibBis pBwql mhl w 5 AstpdIAw (1347-8)	bibhaas parbhaatee mehlaa 5 asatpadee-aa	Bibhaas, Prabhaatee, Fifth Mehl, Ashtapadees:
mwiq ipqw Bwel squbinqw]	maat pitaa bhaa-ee sut banitaa.	Mother, father, siblings, children and spouse
cljih cg Anpd isauj gqw]	choogeh chog anand si-o jugtaa.	- involved with them, people eat the food of bliss.
ariJ pirE mn mIT mhwrw]	urajh pari-o man meeth mohaaraa.	The mind is entangled in sweet emotional attachment.
gin gwhk myrpln ADwrw]1]	gun gaahak mayray paraan aDhaaraa. 1	Those who seek God's Glorious Virtues are the support of my breath of life. 1
ekuhmwAw Altrj wml]	ayk hamaaraa antarjaamee.	My One Lord is the Inner-Knower, the Searcher of hearts.
Dr ekw mlitk eksukl isir swhw vf pirKusaAwml]1] rhwau]	Dhar aykaa mai tik aykas kee sir saahaa vad purakh su-aamee. 1 rahaa-o.	He alone is my Support; He is my only Protection. My Great Lord and Master is over and above the heads of kings. 1 Pause
Cl nugin isauwyl tltin hel]	chhal naagan si-o mayree tootan ho-ee.	I have broken my ties to that deceitful serpent.
gür kihAw ieh JTI Dhl]	gur kahi-aa ih jhoothee Dhohee.	The Guru has told me that it is false and fraudulent.
miK mlTI Kwel kairwie]	mukh meethee khaa-ee ka-uraa-ay.	Its face is sweet, but it tastes very bitter.
Almly nwim mnurhAw AGwie]2]	amrit naam man rahi-aa aghaa-ay. 2	My mind remains satisfied with the Ambrosial Naam, the Name of the Lord. 2
I B mh isauigel ivKit]	lobh moh si-o ga-ee vikhot.	I have broken my ties with greed and emotional attachment.
gür ikpwil möh klnl Cit]	gur kirpaal mohi keenee chhot.	The Merciful Guru has rescued me from them.
ieh TgvwrI bhquGr gwI y]	ih thagvaaree bahu ghar gaalay.	These cheating thieves have plundered so many homes.
hm gür rwiK I leyikrpwI y]3]	ham gur raakh lee-ay kirpaalay. 3	The Merciful Guru has protected and saved me. 3
kwm kD isauTwtun binAw]	kaam kroDh si-o thaat na bani-aa.	I have no dealings whatsoever with sexual desire and anger.
gür apdsuwih kwnl sinAw]	gur updays mohi kaanee suni-aa.	I listen to the Guru's Teachings.

j h dKauqh mhw clfwl]	jah <u>daykh</u> -a-u tah mahaa chandaal.	Wherever I look, I see the most horrible goblins.
rwiK l leyApnYgür gpwl]4]	raakh lee-ay apunai gur gopaal. 4	My Guru, the Lord of the World, has saved me from them. 4
ds nwrl mYkrl dhwgin]	<u>das</u> naaree mai karee <u>duhaagan</u> .	I have made widows of the ten sensory organs.
gür kihAw eh rsih ibKwgin]	gur kahi-aa ayh raseh <u>bikhaagan</u> .	The Guru has told me that these pleasures are the fires of corruption.
ien snbDI rswqil j wie]	in sanban <u>Dhee</u> rasaatal jaa-ay.	Those who associate with them go to hell.
hm gür rwiK hir il v l wie]5]	ham gur raakhay har liv laa-ay. 5	The Guru has saved me; I am lovingly attuned to the Lord. 5
Ahlyv isaumsl iq CfI]	ahamayv si-o maslat <u>chh</u> odee.	I have forsaken the advice of my ego.
gür kihAw iehumhKuhfI]	gur kahi-aa ih moorakh hodee.	The Guru has told me that this is foolish stubbornness.
iehu nGruGruKhl n pwey]	ih neeghar <u>ghar</u> kahee na paa-ay.	This ego is homeless; it shall never find a home.
hm gür rwiK l leyil v l wey]6]	ham gur raakh lee-ay liv laa-ay. 6	The Guru has saved me; I am lovingly attuned to the Lord. 6
ien l gn isauhm Beybhwel]	in logan si-o ham <u>bha</u> -ay bairaa-ee.	I have become alienated from these people.
ek igh mih die n Ktllel]	ayk garih meh <u>du</u> -ay na <u>khataa</u> ^N -ee.	We cannot both live together in one home.
Awey pB pih Amir l wig]	aa-ay parabh peh anchar laag.	Grasping the hem of the Guru's Robe, I have come to God.
krhu qpwsu pB srbwig]7]	karahu <u>taapaavas</u> parabh sarbaag. 7	Please be fair with me, All-knowing Lord God. 7
pB his bd ykley inAwey]	parabh has bolay kee-ay ni-aa ^N -ay ^N .	God smiled at me and spoke, passing judgement.
sgl dlq myrl syw l wey]	sagal <u>doot</u> mayree sayvaa laa-ay.	He made all the demons perform service for me.
qllTvkuru iehu ighu sBu qyrw]	<u>too</u> ^N <u>thaakur</u> ih garihu <u>sabh</u> tayraa.	You are my Lord and Master; all this home belongs to You.
khunwk gür klAw inbyrw]8]1]	kaho naanak gur kee-aa nibayraa. 8 1	Says Nanak, the Guru has passed judgement. 8 1