

mnu b'hwgl ham'iqAwgl]	man bairaagee ha-umai <u>ti</u> -aagee.	This mind is a detached renunciate, forsaking egotism.
Git Git mnsu d'ibDw l wgl]	<u>ghat ghat</u> mansaa <u>dubi</u> <u>Dhaa</u> laagee.	Desire and duality afflict each and every heart.
ram rswieixu gurmik cwKY]	raam rasaa- <u>in</u> gurmukh chaak <u>hai</u> .	The Gurmukh drinks in the Lord's sublime essence;
dir Gir mhl l hir piq r'wKY]5]	<u>dar ghar</u> mahlee har pa <u>t</u> raak <u>hai</u> . 5	at His Door, in the Mansion of the Lord's Presence, He preserves his honor. 5
iehumnu r'ij w sl' s'lyim]	ih man raajaa soor sangraam.	This mind is the king, the hero of cosmic battles.
iehumnu inrBaugurmik nwim]	ih man nir <u>bha</u> -o gurmukh naam.	The mind of the Gurmukh becomes fearless through the Naam.
m'ry p't Apn'vis kley]	maaray panch apunai vas kee-ay.	Overpowering and subduing the five passions,
ham'g'his iekqu Q'wie kley]6]	ha-umai garaas ika <u>t</u> thaa-ay kee-ay. 6	holding ego in its grip, it confines them to one place. 6
gurmik r'wg s'Awid An iqAwgy]	gurmukh raag su-aad an <u>ti</u> -aagay.	The Gurmukh renounces other songs and tastes.
gurmik iehumnu Bgq' j wgy]	gurmukh ih man <u>bhag</u> tee jaagay.	The mind of the Gurmukh is awakened to devotion.
Anhd six m'winAw sbduvl'wrl]	anhad <u>sun</u> maani-aa sabad veechaaree.	Hearing the unstruck music of the sound current, this mind contemplates the Shabad, and accepts it.
Awqmu clin@Bey inr'kwrl]7]	aatam cheeneh <u>bha</u> -ay nirankaaree. 7	Understanding itself, this soul becomes attuned to the Formless Lord. 7
iehumnu inrml u dir Gir sel]	ih man nirmal <u>dar ghar</u> so-ee.	This mind becomes immaculately pure, in the Court and the Home of the Lord.
gurmik Bgiq B'wau Din h'el]	gurmukh <u>bhagat</u> <u>bhaa</u> -o <u>Dhun</u> ho- ee.	The Gurmukh shows his love through loving devotional worship.
Aihinis hir j su'gur prswid]	ahinis har jas gur parsaad.	Night and day, by Guru's Grace, sing the Lord's Praises.
Git Git so p'Bu Awid j w'wid]8]	<u>ghat ghat</u> so parab <u>h</u> aad jugaad. 8	God dwells in each and every heart, since the very beginning of time, and throughout the ages. 8
ram rswieix iehumnu m'wq'w]	raam rasaa- <u>in</u> ih man maataa.	This mind is intoxicated with the sublime essence of the Lord;
srb rswieixu gurmik j w'wq'w]	sarab rasaa- <u>in</u> gurmukh jaataa.	The Gurmukh realizes the essence of totality.
Bgiq h'p'gu'gur crx in'v'isw]	<u>bhagat</u> hay <u>t</u> gur charan <u>n</u> nivaasaa.	For the sake of devotional worship, he dwells at the Guru's Feet.
n'w'nk hir j n kyd'wsin d'wsw]9]8]	naanak har jan kay <u>daasan</u> <u>daasaa</u> . 9 8	Nanak is the humble servant of the slave of the Lord's slaves. 9 8