

man karhalaa veechaaree-aa veechaar daykh samaal

gaWl mhl w 4] (234-15)	ga-or <u>hee</u> mehlaa 4.	Gauree, Fourth Mehl:
mn krhl w vlcwrlAw vlcwir dKu smwil]	man karhalaa veechaaree-aa veechaar <u>daykh</u> samaal.	O contemplative camel-like mind, contemplate and look carefully.
bn iPir Qkybn vwsIAw ipru gurmig irdYinhwil]1]	ban fir thakay ban vaasee-aa pir gurmat̄ ridai nihaal. 1	The forest-dwellers have grown weary of wandering in the forests; following the Guru's Teachings, see your Husband Lord within your heart. 1
mn krhl w gur govindusmwil]1] rhwau]	man karhalaa gur govind samaal. 1 rahaa-o.	O camel-like mind, dwell upon the Guru and the Lord of the Universe. 1 Pause
mn krhl w vlcwrlAw mnmK PwiQA w mhw j wil]	man karhalaa veechaaree-aa manmuk <u>h</u> faathi-aa mahaa jaal.	O camel-like contemplative mind, the self-willed manmukhs are caught in the great net.
gurmik plxl mkquhYhir hir nmusmwil]2]	gurmuk <u>h</u> paraane mukat̄ hai har har naam samaal. 2	The mortal who becomes Gurmukh is liberated, dwelling upon the Name of the Lord, Har, Har. 2
mn krhl w myryipAwirAw sqslyiq sigguruBwil]	man karhalaa mayray pi-aari-aa satsangat̄ satgur <u>bhaal</u> .	O my dear beloved camel-like mind, seek the Sat Sangat, the True Congregation, and the True Guru.
sqslyiq I ig hir iDAwAlA hir hir cl YqrYnwil]3]	satsangat̄ lag har <u>Dhi</u> -aa-ee-ai har har chalai tayrai naal. 3	Joining the Sat Sangat, meditate on the Lord, and the Lord, Har, Har, shall go along with you. 3
mn krhl w vfBwglAw hir ek ndir inhwil]	man karhalaa vad <u>bha</u> agee-aa har ayk nadar nihaal.	O very fortunate camel-like mind, with one Glance of Grace from the Lord, you shall be enraptured.
Awip CfweyCutIAy siggir crx smwil]4]	aap <u>chh</u> adaa-ay <u>chh</u> utee-ai satgur charan samaal. 4	If the Lord Himself saves you, then you shall be saved. Dwell upon the Feet of the True Guru. 4
mn krhl w myryipAwirAw ivic dhj j iq smwil]	man karhalaa mayray pi-aari-aa vich <u>day</u> hee jot samaal.	O my dear beloved camel-like mind, dwell upon the Divine Light within the body.
gur nauiniD nmuiivKwil Aw hir dwiq krl dieAwil]5]	gur na-o ni <u>Dh</u> naam vik <u>ha</u> ali-aa har daat̄ karee da-i-aal. 5	The Guru has shown me the nine treasures of the Naam. The Merciful Lord has bestowed this gift. 5
mn krhl w qlCcl w cqruel Cif ivkrwil]	man karhalaa too ^N chanchlaa chaturaa-ee <u>chh</u> ad vikraal.	O camel-like mind, you are so fickle; give up your cleverness and corruption.

<p>hir hir numusmil qllhir mkiq kryAłk kwił]6]</p>	<p>har har naam samaal <u>too</u>^N har mukaṭ karay anṭ kaal. 6 </p>	<p>Dwell upon the Name of the Lord, Har, Har; at the very last moment, the Lord shall liberate you. 6 </p>
<p>mn krhl w vfBwglAw qlligAwnu rqnusmil]</p>	<p>man karhalaa vadb<u>haa</u>gee-aa <u>too</u>^N gi-aan raṭan samaal.</p>	<p>O camel-like mind, you are so very fortunate; dwell upon the jewel of spiritual wisdom.</p>
<p>gir igAwnuKVguhiQ DwirAw j mu mwirAVw j mkił]7]</p>	<p>gur gi-aan <u>kh</u>arhag hath <u>D</u>haari-aa jam maari-<u>ar</u>haa jamkaal. 7 </p>	<p>You hold in your hands the sword of the Guru's spiritual wisdom; with this destroyer of death, kill the Messenger of Death. 7 </p>
<p>Ałjir inDwnu mn krhl y Błm Bvih bwir Bwił]</p>	<p>anṭar ni<u>D</u>haan man karhalay <u>b</u>haram <u>b</u>haveh baahar <u>b</u>haal.</p>	<p>The treasure is deep within, O camel-like mind, but you wander around outside in doubt, searching for it.</p>
<p>guru prKu plw BjtAw hir sj xu l DVw nił]8]</p>	<p>gur pur<u>ak</u>h pooraa <u>b</u>hayti-aa har sajan la<u>Dh</u>-<u>r</u>haa naal. 8 </p>	<p>Meeting the Perfect Guru, the Primal Being, you shall discover that the Lord, your Best Friend, is with you. 8 </p>
<p>rłg rqVymn krhl y hir rłbu sdw smil]</p>	<p>rang raṭ-<u>r</u>hay man karhalay har rang saḍaa samaal.</p>	<p>You are engrossed in pleasures, O camel-like mind; dwell upon the Lord's lasting love instead!</p>
<p>hir rłbu kdyn aqrYgir syw sbdu smil]9]</p>	<p>har rang kaḍay na uṭrai gur sayvaa sabaḍ samaal. 9 </p>	<p>The color of the Lord's Love never fades away; serve the Guru, and dwell upon the Word of the Shabad. 9 </p>
<p>hm pıKl mn krhl y hir qrvru prKu Akwił]</p>	<p>ham pan<u>k</u>hee man karhalay har tarvar pur<u>ak</u>h akaal.</p>	<p>We are birds, O camel-like mind; the Lord, the Immortal Primal Being, is the tree.</p>
<p>vfBwgl gurmiK pwieAw j n nınk numusmil]10]2]</p>	<p>vadb<u>haa</u>gee gurmuk<u>h</u> paa-i-aa jan naanak naam samaal. 10 2 </p>	<p>The Gurmukhs are very fortunate - they find it. O servant Nanak, dwell upon the Naam, the Name of the Lord. 10 2 </p>