

a-ukhaDh har kaa naam hai jit rog na vi-aapai

ibl wvl umhl w 5] (814-5)	bilaaval mehlaa 5.	Bilaaval, Fifth Mehl:
bDn kwtYAwip pB hAw ikrpw]	banDhan kaatay aap parabh ho-aa kirpaal.	My bonds have been snapped; God Himself has become compassionate.
dIn dieAwl pB pwrBhm qw kl nDir inhwl]1]	deen da-i-aal parabh paarbarahm taa kee naDar nihaal. 1	The Supreme Lord God is Merciful to the meek; by His Glance of Grace, I am in ecstasy. 1
gUr pYikrpw krl kwitAw dKu rgu]	gur poorai kirpaa karee kaati-aa dukh rog.	The Perfect Guru has shown mercy to me, and eradicated my pains and illnesses.
mnunqu slqI usKI BieAw pB iDAwvn j gu]1] rhau]	man tan seetal sukhee bha-i-aa parabh Dhi-aavan jog. 1 rahaa-o.	My mind and body have been cooled and soothed, meditating on God, most worthy of meditation. 1 Pause
AaKDuhir kw nmuhi j qungun ivApY]	a-ukhaDh har kaa naam hai jit rog na vi-aapai.	The Name of the Lord is the medicine to cure all disease; with it, no disease afflicts me.
sDslg min qin ihqI iPir dKun j wpy]2]	saaDhsang man tan hitai fir dookh na jaapai. 2	In the Saadh Sangat, the Company of the Holy, the mind and body are tinged with the Lord's Love, and I do not suffer pain any longer. 2
hir hir hir hir j wplAYAtjir il v l wel]	har har har har jaapee-ai antar liv laa-ee.	I chant the Name of the Lord, Har, Har, Har, Har, lovingly centering my inner being on Him.
ikl ivK agrih sDhie sDU srxwel]3]	kilvikh utreh suDh ho-ay saaDhoo sarnaa-ee. 3	Sinful mistakes are erased and I am sanctified, in the Sanctuary of the Holy Saints. 3
sqj pq hir num j suqw kl dir bl wel]	sunat japat har naam jas taa kee door balaa-ee.	Misfortune is kept far away from those who hear and chant the Praises of the Lord's Name.
mhw mBh nwnku kOY hir kygx gwel]4]23]53]	mahaa manjar naanak kathai har kay gun gaa-ee. 4 23 53	Nanak chants the Mahaa Mantra, the Great Mantra, singing the Glorious Praises of the Lord. 4 23 53