

ih banee jo jee-ahu jaanai tis antar ravai har naamaa

ibl wvl umhl w 3] (797-15)	bilaaval mehlaa 3.	Bilaaval, Third Mehl:
plw QwtubxwiewAw plYvKhuejk smwnw]	pooraa thaat banaa-i-aa poorai vaykhhhu ayk samaanaa.	The perfect Lord has fashioned the Perfect Creation. Behold the Lord pervading everywhere.
iesuprplk mih sucy nwm kl vifAwel mqu ko Drhugmwnw]1]	is parpanch meh saachay naam kee vadi-aa-ee mat ko Dharahu gumaanaa. 1	In this play of the world, is the glorious greatness of the True Name. No one should take pride in himself. 1
siqgur kl ij s nomiQ AwVso siqgur mwiH smwnw]	satgur kee jis no mat aavai so satgur maahi samaanaa.	One who accepts the wisdom of the True Guru's Teachings, is absorbed into the True Guru.
ieh bwxl j oj lAhuj wxYiqsu Akbjir rvYhir nwmw]1] rhwau]	ih banee jo jee-ahu jaanai tis antar ravai har naamaa. 1 rahaa-o.	The Lord's Name abides deep within the nucleus of one who realizes the Bani of the Guru's Word within his soul. 1 Pause
chuj igw kw hix inbYw nr mnKw noeku inDwnw]	chahu jugaa kaa hun nibayrhaa nar manukhaa no ayk niDhaanaa.	Now, this is the essence of the teachings of the four ages: for the human race, the Name of the One Lord is the greatest treasure.
j qu sJm qlrQ Enw j igw kw Drmu hYkil mih klriq hir nwmw]2]	jat sanjam tirath onaa jugaa kaa Dharam hai kal meh keerat har naamaa. 2	Celibacy, self-discipline and pilgrimages were the essence of Dharma in those past ages; but in this Dark Age of Kali Yuga, the Praise of the Lord's Name is the essence of Dharma. 2
j ig j ig Awpo Awpxw Drmu hYsD dYkhubd pirwnw]	jug jug aapo aapnaa Dharam hai so Dh daykhhhu bayd puraanaa.	Each and every age has its own essence of Dharma; study the Vedas and the Puraanas, and see this as true.
gurmik ij nl iDAwieAw hir hir j ig qyplhy prvwnw]3]	gurmukh jinee Dhi-aa-i-aa har har jag tay pooray parvaanaa. 3	They are Gurmukh, who meditate on the Lord, Har, Har; in this world, they are perfect and approved. 3
khq nwnku scyisau pliq l wey clkYmin AiBmwnw]	khat naanak sachay si-o pareet laa-ay chookai man abhimaanaa.	Says Nanak, loving the True Lord, the mind's egotism and self-conceit is eradicated.
khq sixq sBysik pivih mnng pwiH inDwnw]4]4]	khat sunat sabhay sukh paavahi maanat paahi niDhaanaa. 4 4	Those who speak and listen to the Lord's Name, all find peace. Those who believe in it, obtain the supreme treasure. 4 4