

paarbarahm ho-aa sahaa-ee kathaa keertan sukh-daa-ee

sriT mhl 5] (616-10)	sorath mehlaa 5.	Sorat'h, Fifth Mehl:
purbbhmuhAw shwEl kQw klrqnu sKdweI]	paarbarahm ho-aa sahaa-ee kathaa keertan sukh-daa-ee.	The Supreme Lord God has become my helper and friend; His sermon and the Kirtan of His Praises have brought me peace.
gur ptrykl bwxl j ip Andu krhu inq ptxl]1]	gur pooray kee ba _{nee} jap anad karahu nit para _{nee} . 1	Chant the Word of the Perfect Guru's Bani, and be ever in bliss, O mortal. 1
hir swcw ismrhu BweI]	har saachaa simrahu b _{haa} -ee.	Remember the True Lord in meditation, O Siblings of Destiny.
suDsilg sdw siKupwElA hir ibsir n kbhUj wel] rhwau]	saaDhsang sadaa sukh paa-ee-ai har bisar na kabhoo jaa-ee. rahaa-o.	In the Saadh Sangat, the Company of the Holy, eternal peace is obtained, and the Lord is never forgotten. Pause
Alimq nmmu prmsru qrw j o ismrY soj lvY]	amrit naam parmaysar tayraa jo simrai so jeevai.	Your Name, O Transcendent Lord, is Ambrosial Nectar; whoever meditates on it, lives.
ij s no krim prupiq hwY soj nu inrml u QlvY]2]	jis no karam paraapat hovai so jan nirmal theevai. 2	One who is blessed with God's Grace - that humble servant becomes immaculate and pure. 2
ibGn ibnwsn siB dK nwsn gur crxl mnu l wgw]	bighan binaasan sabh dukh naasan gur char _{nee} man laagaa.	Obstacles are removed, and all pains are eliminated; my mind is attached to the Guru's feet.
gx gwvq Aciq Aibnwsl Anidnu hir rllg j wgw]3]	gun gaavat achut abhinaasee an-din har rang jaagaa. 3	Singing the Glorious Praises of the immovable and imperishable Lord, one remains awake to the Lord's Love, day and night. 3
mn ieCysel PI pweyhir kl kQw shY l]	man ichhay say-ee fal paa-ay har kee kathaa suhaylee.	He obtains the fruits of his mind's desires, listening to the comforting sermon of the Lord.
Awid Almq miD nwnk kausopBu hAw bj l]4]16]27]	aad ant maDh naanak ka-o so parabh ho-aa baylee. 4 16 27	In the beginning, in the middle, and in the end, God is Nanak's best friend. 4 16 27