

pa-unai paanee agnee kaa mayl

gaWl mhl w 1 ] (152-2)	ga-or <sup>h</sup> ee mehlaa 1.	Gauree, First Mehl:
paixYpwxl Agnl kw mj u ]	pa-unai paanee agnee kaa mayl.	The union of air, water and fire
cltI cpl biD kw KJ u ]	chanchal chapal buD <sup>h</sup> kaa k <sup>h</sup> ayl.	- the body is the play-thing of the fickle and unsteady intellect.
naudrvvj ydsvv dIAwru ]	na-o darvaajay dasvaa du-aar.	It has nine doors, and then there is the Tenth Gate.
buuryigAwnl ehublcwru ]1]	buj <sup>h</sup> ray gi-aanee ayhu beechaar.   1	Reflect upon this and understand it, O wise one.   1
kQw bkqw sinqw seI ]	kath <sup>t</sup> aa bak <sup>t</sup> aa sun <sup>t</sup> aa so-ee.	The Lord is the One who speaks, teaches and listens.
AwpublcwrysugAwnl hael ]1] rhiaui ]	aap beechaaray so gi-aanee ho-ee.   1   rahaa-o.	One who contemplates his own self is truly wise.   1  Pause
dhl mwtI bd Ypaiku ]	day <sup>h</sup> ee maatee bolai pa-un.	The body is dust; the wind speaks through it.
buuryigAwnl mIAw hIkaiku ]	buj <sup>h</sup> ray gi-aanee moo-aa hai ka-un.	Understand, O wise one, who has died.
mleI sriq budu Ahlkwru ]	moo-ee surat <sup>t</sup> baad aha <sup>N</sup> kaar.	Awareness, conflict and ego have died,
Ehun mIAw j o dKxhwru ]2]	oh na moo-aa jo day <sup>h</sup> kan <sup>h</sup> haar.   2	but the One who sees does not die.   2
jYkwrix qit qirQ j whl ]	jai kaaran <sup>t</sup> tat tirath jaahee.	For the sake of it, you journey to sacred shrines and holy rivers;
rqn pdwrQ Gt hl mwhl ]	ra <sup>t</sup> an padaarath g <sup>h</sup> at hee maahee.	but this priceless jewel is within your own heart.
piV piV plifqu budu vKwxY ]	par <sup>h</sup> par <sup>h</sup> pandit <sup>t</sup> baad vak <sup>h</sup> aanai.	The Pandits, the religious scholars, read and read endlessly; they stir up arguments and controversies,
Blqir hdl vsqun j wxY ]3]	b <sup>h</sup> heetar hodee vasat <sup>t</sup> na jaanai.   3	but they do not know the secret deep within.   3
haun mIAw myrl mel bl wie ]	ha-o na moo-aa mayree mu-ee balaa-ay.	I have not died - that evil nature within me has died.
Ehun mIAw j o rihAw smwie ]	oh na moo-aa jo rahi-aa samaa-ay.	The One who is pervading everywhere does not die.
khu <sup>n</sup> wk giir b <sup>h</sup> mu <sup>i</sup> dKwieAw ]	kaho naanak gur barahm di <sup>h</sup> kaa-i-aa.	Says Nanak, the Guru has revealed God to me,
mrqw j wqw ndir n AwieAw ]4]4]	mar <sup>t</sup> aa jaat <sup>t</sup> aa nad <sup>a</sup> ar na aa-i-aa.   4  4	and now I see that there is no such thing as birth or death.   4  4