

nainhu neer bahai tan kheenaa bha-ay kays duDh vaanee

<p>ਗੁਰੂ ਸਰੀਤ ਬਾਇ Bgq BIKn kl (659-12)</p>	<p>raag sorath <u>ba</u>nee <u>bh</u>agat <u>bheekhan</u> kee</p>	<p>Raag Sorat'h, The Word Of Devotee Bheekhan Jee:</p>
<p>ਨਿਹੁ ਨਿਰੁ ਬਿਹੁ ਗੁਨੁ ਕੀਨੁ ਭੈ ਕਯ ਦੁ ਵਿਨਿ]</p>	<p>nainhu neer bahai <u>tan</u> <u>kheenaa</u> <u>bha</u>-ay kays <u>duDh</u> vaanee.</p>	<p>Tears well up in my eyes, my body has become weak, and my hair has become milky-white.</p>
<p>ਰੋਠੁ ਕੀਟੁ ਸਬਦੁ ਨਿ ਆਰੁ ਆ ਭਿਕਾ ਕਰਿ ਪ੍ਰਾਨਿ]1]</p>	<p>roo<u>Dh</u>aa kan<u>th</u> sabad nahee uchrai ab ki-aa karahi paraanee. 1 </p>	<p>My throat is tight, and I cannot utter even one word; what can I do now? I am a mere mortal. 1 </p>
<p>ਰਾਮ ਰਾਏ ਹੋਹਿ ਭੈ ਭਵਿਨਿ]</p>	<p>raam raa-ay hohi baid banvaaree.</p>	<p>O Lord, my King, Gardener of the world-garden, be my Physician,</p>
<p>ਅਪਨਿ ਸੰਤਿ ਹੀ ਭਾਇਨਿ]1] ਰਹਾਉ]</p>	<p>apnay sant<u>eh</u> layho ubaaree. 1 rahaa-o.</p>	<p>and save me, Your Saint. 1 Pause </p>
<p>ਮੈਠੁ ਠੁਪੁਰੁ ਸਰਿਰਿ ਜੀ ਨਿ ਠੁਕੁਰੁ ਕਰਿ ਮੈਠੁ]</p>	<p>maathay peer sareer jalan hai karak karayjay maahee.</p>	<p>My head aches, my body is burning, and my heart is filled with anguish.</p>
<p>ਅੰਠਿ ਭਧਨ ਅਧਿ ਕਰਿ ਭੈ ਵੀ ਕੀ ਆਕੁ ਠੁਨਿ]2]</p>	<p>aisee baydan upaj <u>kh</u>aree <u>bh</u>a-ee vaa kaa a-<u>ukhaDh</u> naahee. 2 </p>	<p>Such is the disease that has struck me; there is no medicine to cure it. 2 </p>
<p>ਹਿਰੁ ਕੀ ਨਾਮੁ ਅਮ੍ਰਿਤੁ ਜੀ ਨਿਰਮਲੁ ਠੁਏ ਆਕੁ ਠੁਜਿ ਗੁ ਸੁਰੁ]</p>	<p>har kaa naam amrit jal nirmal ih a- <u>ukhaDh</u> jag saaraa.</p>	<p>The Name of the Lord, the ambrosial, immaculate water, is the best medicine in the world.</p>
<p>ਗੁਰੁ ਪ੍ਰਸਾਦਿ ਕਹਿ ਜੀ ਨਿ ਠੁਕੁਨੁ ਪ੍ਰਾਵਾ ਮੁਕੁ ਠੁਆਰੁ]3]1]</p>	<p>gur parsaad kahai jan <u>bheekhan</u> paava-o mokh <u>du</u>-aaraa. 3 1 </p>	<p>By Guru's Grace, says servant Bheekhan, I have found the Door of Salvation. 3 1 </p>