

mayray man har har naam Dhi-aa-ay

slrīgumhl ॥ 5 ] (44-18)	sareeraag mehlaa 5.	Siree Raag, Fifth Mehl:
nmmu iDAweysoski iqsu miKuaj l u hie ]	naam <u>Dhi</u> -aa-ay so suk <u>hee</u> t <u>is</u> muk <u>h</u> oojal ho-ay.	One who meditates on the Naam is at peace; his face is radiant and bright.
plrygr qypwelaYprgtusBnl l ie ]	pooray gur t <u>ay</u> paa-ee-ai pargat sab <u>h</u> nee lo-ay.	Obtaining it from the Perfect Guru, he is honored all over the world.
sūDslgīq kY Gir vs'ekosciw sie ]1]	saa <u>Dh</u> sangat kai g <u>h</u> ar vasai ayko sachaa so-ay.   1	In the Company of the Holy, the One True Lord comes to abide within the home of the self.   1
myymn hir hir nmmu iDAwie ]	mayray man har har naam <u>Dhi</u> -aa-ay.	O my mind, meditate on the Name of the Lord, Har, Har.
nmmushwel sdw slīg AwgY l ey Cfwie ]1] rhwau ]	naam sahaa-ee sad <u>aa</u> sang aagai la-ay <u>ch</u> hadaa-ay.   1   rahaa-o.	The Naam is your Companion; it shall always be with you. It shall save you in the world hereafter.   1  Pause
dnlAw klAw vifAwelAw kvnl Awvih kwim ]	<u>d</u> unee-aa kee-aa vad <u>i</u> -aa-ee-aa kavnai aavahi kaam.	What good is worldly greatness?
mwieAw kw rlgusBu iPk ॥ j ॥ qo ibnis indwin ]	maa-i-aa kaa rang sab <u>h</u> fikaa jaat <u>o</u> binas n <u>id</u> aan.	All the pleasures of Maya are tasteless and insipid. In the end, they shall all fade away.
j ॥ kY ihrdY hir vs' soplw prDuru ]2]	jaa kai hir <u>d</u> ai har vasai so pooraa par <u>D</u> haan.   2	Perfectly fulfilled and supremely acclaimed is the one, in whose heart the Lord abides.   2
sūDlkl hhu rYkAw Apx ॥ Awpu iqAwig ]	saa <u>D</u> hoo kee hohu ray <u>n</u> ukaa ap <u>n</u> aa aap t <u>i</u> -aag.	Become the dust of the Saints; renounce your selfishness and conceit.
apiv isAwxp sgl Cif gur kl crxl l wgu ]	upaav si-aan <u>ap</u> sagal <u>ch</u> had gur kee char <u>n</u> ee laag.	Give up all your schemes and your clever mental tricks, and fall at the Feet of the Guru.
iqsih prwpiq rqnw hie ij su msqik hwY Bwgu ]3]	t <u>i</u> seh paraapat r <u>at</u> an ho-ay jis mast <u>ak</u> hovai <u>b</u> haag.   3	He alone receives the Jewel, upon whose forehead such wondrous destiny is written.   3
iqsY prwpiq Bwelho ij sūdyY pBu Awip ]	t <u>i</u> sai paraapat <u>b</u> haa-eeho jis <u>d</u> ayvai parab <u>h</u> aap.	O Siblings of Destiny, it is received only when God Himself bestows it.
siqgr kl syw so kryij su ibnsY hamY qwpu ]	sat <u>g</u> ur kee sayvaa so karay jis binsai ha-umai t <u>aa</u> p.	People serve the True Guru only when the fever of egotism has been eradicated.
nwnk kaigrū BjtAw ibnsy sgl slwYp ]4]8]78]	naanak ka-o gur <u>b</u> hayti-aa binsay sagal sant <u>aa</u> p.   4  8  78	Nanak has met the Guru; all his sufferings have come to an end.   4  8  78