

dukh harṭaa har naam pachhaano

rwguibl wvl umhl w 9 dṗdy (830-15)	raag bilaaval mehlaa 9 <u>dupday</u>	Raag Bilaaval, Ninth Mehl, Du-Padas:
dK hrqW hir nwmu pCwro ]	<u>dukh</u> harṭaa har naam <u>pachhaano</u> .	The Name of the Lord is the Dispeller of sorrow - realize this.
Aj wml uginkw ij h ismrq mkq Beyj IA j wro ]1] rhwau ]	ajaamal ganikaa jih simrat mukat <u>bha</u> -ay jee-a jaano.   1   rahaa-o.	Remembering Him in meditation, even Ajaamal the robber and Ganikaa the prostitute were liberated; let your soul know this.   1  Pause
gj kl qIs imtl iCnhlmih j b hl rwmu bKwro ]	gaj kee taraas mitee <u>chhin</u> hoo meh jab hee raam <u>bakha</u> ano.	The elephant's fear was taken away in an instant, as soon as he chanted the Lord's Name.
nwrđ khq sinq DWA bwirk Bj n mwih l ptwro ]1]	naarad kahat sunat <u>Dharoo</u> -a baarik <u>bhajan</u> maahi laptano.   1	Listening to Naarad's teachings, the child Dhroo was absorbed in deep meditation.   1
AcI Amr inrBl pdu pwieE j gq j wih hKwro ]	achal amar nir <u>bhai</u> pad paa-i-o jagat jaahi hairano.	He obtained the immovable, eternal state of fearlessness, and all the world was amazed.
nwnk khq Bgq rCk hir inkit qwih qm mwno ]2]1]	naanak kahat <u>bhagat</u> <u>rachhak</u> har nikat taahi tum maano.   2  1	Says Nanak, the Lord is the Saving Grace and the Protector of His devotees; believe it - He is close to you.   2  1