

jay lor^heh sa^daa suk^h b^haa-ee

bs ^h u ^m hl 5] (1182-5)	basant meh ^l aa 5.	Basant, Fifth Mehl:
iqsuq ^l sjv ij in q ^l klA ^w]	tis too sayv jin too kee-aa.	Serve the One who created You.
iqsuAr ^w iD ij in j laudIA ^w]	tis araa ^{Dh} jin jee-o dee-aa.	Worship the One who gave you life.
iqs k ^w c ^w kr ^u h ^h h iPir f ^w un ⁿ l wgl]	tis kaa chaakar hohi fir daan na laagai.	Become His servant, and you shall never again be punished.
iqs kl kir p ^o d ^w rl iPir d ^l ku ⁿ l wgl]1]	tis kee kar pot ^d aaree fir dook ^h na laagai. 1	Become His trustee, and you shall never again suffer sorrow. 1
ey ^f B ^w g h ^h h ij su ^p lx ^l]	ayvad b ^h aag hohi jis paraa ⁿ ee.	That mortal who is blessed with such great good fortune, attains this state of Nirvaanaa. 1 Pause
so p ^w ey ieh ^u pdu inrb ^w xl]1] rh ^w au]	so paa-ay ih pad ^u nirbaa ⁿ ee. 1 rahaa-o.	
dj l sy ^w j lvnuibr ^o w]	doojee sayvaa jeevan birthaa.	Life is wasted uselessly in the service of duality.
kCl ⁿ h ^e l h ^l pl ⁿ Ar ^o w]	kach ^h oo na ho-ee hai pooran artha.	No efforts shall be rewarded, and no works brought to fruition.
m ^w xs sy ^w Krl dh ^l l]	maan ^s sayvaa kharee duhaylee.	It is so painful to serve only mortal beings.
s ^w D kl sy ^w sd ^w sh ^l l]2]	saa ^{Dh} kee sayvaa sa ^d aa suhaylee. 2	Service to the Holy brings lasting peace and bliss. 2
j j l M ^h sd ^w s ^k u ^l B ^w el]	jay lor ^h eh sa ^d aa suk ^h b ^h aa-ee.	If you long for eternal peace, O Siblings of Destiny,
s ^w D ^l s ^h iq gir ^h b ^q el]	saa ^{Dh} oo sangat ^u gureh ba ^t aa-ee.	then join the Saadh Sangat, the Company of the Holy; this is the Guru's advice.
alh ^w j plA ^l ky ^l n ^w m]	oohaa japee-ai kayval naam.	There, the Naam, the Name of the Lord, is meditated on.
s ^w D ^l s ^h iq p ^w rg ^w m]3]	saa ^{Dh} oo sangat ^u paargraam. 3	In the Saadh Sangat, you shall be emancipated. 3
sgl qq mih qq ^u gA ^w nu]	sagal ta ^t meh ta ^t gi-aan.	Among all essences, this is the essence of spiritual wisdom.
srb iDA ^w n mih e ^k u ^l DA ^w nu]	sarab ^{Dh} i-aan meh ayk ^{Dh} i-aan.	Among all meditations, meditation on the One Lord is the most sublime.
hir klrq ⁿ mih al ^h m D ^w nu]	har keertan meh ootam ^{Dh} unaa.	The Kirtan of the Lord's Praises is the ultimate melody.
n ^w nk gr imil g ^w ie g ^w nu]4]8]	naanak gur mil gaa-ay gunaa. 4 8	Meeting with the Guru, Nanak sings the Glorious Praises of the Lord. 4 8