

jo nar dukh mai dukh nahee maanai

sriT mhl w 9] (633-15)	sorath mehlāa 9.	Sorat'h, Ninth Mehl:
jo nrudK mYdKu nhl mwnY]	jo nar <u>dukh</u> mai <u>dukh</u> nahee maanai.	That man, who in the midst of pain, does not feel pain,
sK snhu AruBY nhl j w kY klt n mwtl mwnY]1] rhwau]	sukh sanayhu ar <u>bhai</u> nahee jaa kai kanchan maatee maanai. 1 rahaa-o.	who is not affected by pleasure, affection or fear, and who looks alike upon gold and dust; 1 Pause
nh inldAw nh aasqj j w kY I Bu mhu AiBmwnw]	nah nindi-aa nah <u>ustat</u> jaa kai <u>lobh</u> moh <u>abhimaanaa</u> .	Who is not swayed by either slander or praise, nor affected by greed, attachment or pride;
hrK sg qy rhY inAwraunwih mwn Apmwnw]1]	harakh sog <u>tay</u> rahai ni-aara-o naahi maan apmaanaa. 1	who remains unaffected by joy and sorrow, honor and dishonor; 1
Awsw mns w sgl iqAwgY j g qy rhY inrsw]	aasaa mansaa sagal <u>ti</u> -aagai jag <u>tay</u> rahai niraasaa.	who renounces all hopes and desires and remains desireless in the world;
kumukDu ij h prsY nwhin iqh Git bhmu invsw]2]	kaam kro <u>Dh</u> jih parsai naahan <u>tih</u> <u>ghat</u> barahm nivaasaa. 2	who is not touched by sexual desire or anger - within his heart, God dwells. 2
gur ikrpw ij h nr kauklnl iqh ieh j g iq pCwnl]	gur kirpaa jih nar ka-o keenee <u>tih</u> ih <u>jugat</u> <u>pachhaanee</u> .	That man, blessed by Guru's Grace, understands this way.
nwnk I In BieE gobd isau ij au pwnl slg pwnl]3]11]	naanak leen <u>bha</u> -i-o <u>gobind</u> si-o ji-o paanee sang paanee. 3 11	O Nanak, he merges with the Lord of the Universe, like water with water. 3 11