

jo deesai gursikh-rhaa tis niv niv laaga-o paa-ay jee-o

sʰl mhl ʷ 5 gʷvʰl] (763-1)	soohee mehlāa 5 gunvantee.	Soohee, Fifth Mehl, Gunvantee ~ The Worthy And Virtuous Bride:
j ɔ dʰlʰgʷrɪsKʷ ʷ iqsʷiniv iniv l ʷgʷpʷie j lau]	jo <u>deesai gursikh-rhaa tis niv niv laaga-o paa-ay jee-o.</u>	When I see a Sikh of the Guru, I humbly bow and fall at his feet.
AʷKʷ ibrQʷ j IA kl gʷrʷsʷj xʷ dʰj iml ʷie j lau]	aakhaa birthaa jee-a kee gur sajan <u>deh milaa-ay jee-o.</u>	I tell to him the pain of my soul, and beg him to unite me with the Guru, my Best Friend.
sʷel dis apdʰsʷ ʷ mʷrʷ mnuAnq n kʷhʷj ʷie j lau]	so-ee <u>das updaysrhaa mayraa man anaʷ na kaahoo jaa-ay jee-o.</u>	I ask that he impart to me such an understanding, that my mind will not go out wandering anywhere else.
iehu mnu qʷ kʷfʷysʷ mʷ mʷrgʷdʰu bqʷie j lau]	ih man <u>ʷai koo^N dayvsaa mai maarag dayh baʷaa-ay jee-o.</u>	I dedicate this mind to you. Please, show me the Path to God.
hau AʷieAʷ dʰhucil kʷmʷqkl qau srxʷie j lau]	ha-o aa-i-aa <u>Dhoorahu chal kai mai ʷakee ʷa-o sarnaa-ay jee-o.</u>	I have come so far, seeking the Protection of Your Sanctuary.
mʷ Aʷsʷ rkl iciq mih mʷrʷ sBo dʰKʷgvʷie j lau]	mai aasaa rakhee chiʷ meh mayraa sabho <u>dukh gavaa-ay jee-o.</u>	Within my mind, I place my hopes in You; please, take my pain and suffering away!
iequmʷrig cl j BʷelAVy gʷrʷ khʷ su kʷr kmʷie j lau]	iʷ maarag chalay <u>bhaa-ee-arhay gur kahai so kaar kamaa-ay jee-o.</u>	So walk on this Path, O sister soul-brides; do that work which the Guru tells you to do.
iqAʷgʷl mn kl mʷqʷl ivsʷrʷl dʰj ʷ Bʷauj lau]	ʷi-aagay ^N man kee maʷ-rhee visaaray ^N <u>doojaa bhaa-o jee-o.</u>	Abandon the intellectual pursuits of the mind, and forget the love of duality.
ieaupʷivih hir drsʷvʷ nh l gʷqqʷl vʷauj lau]	i-o paavahi har <u>darsaavarhaa nah lagai ʷatee vaa-o jee-o.</u>	In this way, you shall obtain the Blessed Vision of the Lord's Darshan; the hot winds shall not even touch you.
hau Aʷphubʷl n j ʷxʷdʷ mʷ kihAʷ sBʷhʷkmʷauj lau]	ha-o aaphu bol na jaandaa mai kahi-aa <u>sabh hukmaa-o jee-o.</u>	By myself, I do not even know how to speak; I speak all that the Lord commands.
hir Bgʷiq Kʷ ʷnʷ bKisAʷ gʷir nʷnik klAʷ psʷauj lau]	har <u>bhagaʷ khajaanaa bakhsi-aa gur naanak kee-aa pasaa-o jee-o.</u>	I am blessed with the treasure of the Lord's devotional worship; Guru Nanak has been kind and compassionate to me.
mʷ bhiʷ n iqʷsʷnʷ BʷKʷl hau rʷj ʷ iqʷbiq AGʷie j lau]	mai bahurh na <u>ʷarisnaa bhukh-rhee ha-o rajaa ʷaripaʷ aghaa-ay jee-o.</u>	I shall never again feel hunger or thirst; I am satisfied, satiated and fulfilled.
j ɔ gʷr dʰlʰisKʷ ʷ iqsʷiniv iniv l ʷgʷpʷie j lau] 3]	jo gur <u>deesai sikh-rhaa tis niv niv laaga-o paa-ay jee-o. 3 </u>	When I see a Sikh of the Guru, I humbly bow and fall at his feet. 3