

jay lorheh var baalrhee-ay taa gur charnee chitt laa-ay raam

shl mhl w 3] (771-10)	soohee mehlaa 3.	Shalok, Third Mehl:
jyl Mih vrubwl Vleyqw gur crxl icqu l wey rwm]	jay lor <u>h</u> eh var baalr <u>h</u> ee-ay <u>t</u> aa gur char <u>n</u> ee chit <u>t</u> laa-ay raam.	If you long for your Husband Lord, O young and innocent bride, then focus your consciousness on the Guru's feet.
sdw hwih shwgxl hir j lau mrY n j wey rwm]	sadaa hoveh sohaagane <u>e</u> har jee-o marai na jaa-ay raam.	You shall be a happy soul bride of your Dear Lord forever; He does not die or leave.
hir j lau mrY n j wey gur kl shij sBweysw Dn klt ipAwrl]	har jee-o marai na jaa-ay gur kai sahj sub <u>h</u> aa-ay saa <u>D</u> han kant <u>t</u> pi-aaree.	The Dear Lord does not die, and He does not leave; through the peaceful poise of the Guru, the soul bride becomes the lover of her Husband Lord.
sic stj im sdw hlinrml gur kl sbid slgwr l]	sach sanjam sadaa hai nirmal gur kai sabad <u>u</u> seegaaree.	Through truth and self-control, she is forever immaculate and pure; she is embellished with the Word of the Guru's Shabad.
myrw pBwsicw sd hl sicw ij in Apy Awpu apwieAw]	mayraa parabh saachaa sad <u>u</u> hee saachaa jin aapay aap upaa-i-aa.	My God is True, forever and ever; He Himself created Himself.
nwnk sdw ipru rwy Awpxw ij in gur crxl icqu l wieAw]1]	naanak sadaa pir raavay aap <u>n</u> aa jin gur char <u>n</u> ee chit <u>t</u> laa-i-aa. 1	O Nanak, she who focuses her consciousness on the Guru's feet, enjoys her Husband Lord. 1
ipru pwieAVw bwl Vley Anidnu shj ymwql rwm]	pir paa-i- <u>a</u> rhaa baalr <u>h</u> ee-ay an- <u>d</u> in sehjay maate <u>e</u> raam.	When the young, innocent bride finds her Husband Lord, she is automatically intoxicated with Him, night and day.
gurmql min Andu BieAw iqqu qin ml un rwl rwm]	gurmat <u>e</u> e man anad <u>b</u> ha-i-aa tit <u>t</u> tan mail na raate <u>e</u> raam.	Through the Word of the Guru's Teachings, her mind becomes blissful, and her body is not tinged with filth at all.
iqqu qin ml un rwl hir plB rwl myrw pBwmj l iml wey]	tit <u>t</u> tan mail na raate <u>e</u> har parabh raate <u>e</u> mayraa parabh mayl milaa-ay.	Her body is not tinged with filth at all, and she is imbued with her Lord God; my God unites her in Union.
Anidnu rwy hir pBw Apxw ivchu Awpu gvwey]	an- <u>d</u> in raavay har parabh ap <u>n</u> aa vichahu aap gavaa-ay.	Night and day, she enjoys her Lord God; her egotism is banished from within.
gurmql pwieAw shij iml wieAw Apxy plqm rwl]	gurmat <u>e</u> paa-i-aa sahj milaa-i-aa ap <u>n</u> ay pareet <u>a</u> m raate <u>e</u> .	Through the Guru's Teachings, she easily finds and meets Him. She is imbued with her Beloved.

nwnk nwmuiml yvifAwel pBuruvy rllg rwaql]2]	naanak naam milai vadi-aa-ee parabh raavay rang raatee. 2	O Nanak, through the Naam, the Name of the Lord, she obtains glorious greatness. She ravishes and enjoys her God; she is imbued with His Love. 2
ipru rwyrlg rwaqlvleyipr kw mhl uiqn piieAw rwm]	pir raavay rang raat-rhee-ay pir kaa mahal tin paa-i-aa raam.	Ravishing her Husband Lord, she is imbued with His Love; she obtains the Mansion of His Presence.
so sho Aiq inrml udwqw ij in ivchu Awpu gvieAw rwm]	so saho at nirmal daataa jin vichahu aap gavaa-i-aa raam.	She is utterly immaculate and pure; the Great Giver banishes self-conceit from within her.
ivchumhu ckwieAw j w hir BwieAw hir kwmix min Bwxl]	vichahu moh chukaa-i-aa jaa har bhaa-i-aa har kaaman man bhaanee.	The Lord drives out attachment from within her, when it pleases Him. The soul bride becomes pleasing to the Lord's Mind.
Anidnugix gwvlinq swicykQy AkQ khxl]	an-din gun gaavai nit saachay kathay akath kahaanee.	Night and day, she continually sings the Glorious Praises of the True Lord; she speaks the Unspoken Speech.
j g cwrysw ewk vqrqy ibnu gur ikn'n pwieAw]	jug chaaray saachaa ayko vartai bin gur kinai na paa-i-aa.	Throughout the four ages, the One True Lord is permeating and pervading; without the Guru, no one finds Him.
nwnk rllg rv'rllg rwaql ij in hir sqql icqu l wieAw]3]	naanak rang ravai rang raatee jin har saytee chit laa-i-aa. 3	O Nanak, she revels in joy, imbued with His Love; she focuses her consciousness on the Lord. 3
kwmix min sihl Vw swj n iml y ipAwry rwm]	kaaman man sohilrhaa saajan milay pi-aaray raam.	The mind of the soul bride is very happy, when she meets her Friend, her Beloved Lord.
gurmql mnu inrml uhaAw hir rwiKAw air Dwry rwm]	gurmatee man nirmal ho-aa har raakhi-aa ur Dhaaray raam.	Through the Guru's Teachings, her mind becomes immaculate; she enshrines the Lord within her heart.
hir rwiKAw air Dwry Apnw kwrj u svwrygurmql hir j wqw]	har raakhi-aa ur Dhaaray apnaa kaaraj savaaray gurmatee har jaataa.	Keeping the Lord enshrined within her heart, her affairs are arranged and resolved; through the Guru's Teachings, she knows her Lord.
plqim moh l ieAw mnu myrw pwieAw krm ibDwqw]	pareetam mohi la-i-aa man mayraa paa-i-aa karam biDhaataa.	My Beloved has enticed my mind; I have obtained the Lord, the Architect of Destiny.
siqgur u svj sdu sikupwieAw hir visAw mlh mury]	satgur sayv sadaa sukh paa-i-aa har vasi-aa man muraaray.	Serving the True Guru, she finds lasting peace; the Lord, the Destroyer of pride, dwells in her mind.
nwnk mj l el gir Apn'gir kl sbid svwry]4]5]6]	naanak mayl la-ee gur apunai gur kai sabad savaaray. 4 5 6	O Nanak, she merges with her Guru, embellished and adorned with the Word of the Guru's Shabad. 4 5 6