

balihaaree gur aapnāy sad balihaarai jaa-o

gĳ rĳ mhl w 3] (490-15)	goojree mehlaa 3.	Goojaree, Third Mehl:
j ĳ mwiĥ nwmudĳ Buhĳ ĳurmĳK pwĳeAw j wĳe]	jug maahi naam <u>dulambh</u> hai gurmukh paa-i-aa jaa-ay.	It is so difficult to obtain the Naam, the Name of the Lord, in this age; only the Gurmukh obtains it.
ibnu nwiĳmkiq n hwel vĳkhu ko ivapwĳe]1]	bin naavai mukat na hova-ee vaykhhu ko vi-upaa-ay. 1	Without the Name, no one is liberated; let anyone make other efforts, and see. 1
bil hwiĳ ĳr Awpxysd bil hwiĳ j wau]	balihaaree gur aapnāy sad balihaarai jaa-o.	I am a sacrifice to my Guru; I am forever a sacrifice to Him.
siĳĳr imil Aĳhir min vsĳshj y rhĳsmwĳe]1] rhwau]	satgur mili-ai har man vasai sehjay rahai samaa-ay. 1 rahaa-o.	Meeting the True Guru, the Lord comes to dwell in the mind, and one remains absorbed in Him. 1 Pause
j W Baupwĳ Awpxw bĳwĳu awpj Y min Awĳe]	jaa ^N bha-o paa-ay aapnaa bairaag upjai man aa-ay.	When God instills His fear, a balanced detachment springs up in the mind.
bĳwĳy qyhir pwĳeAĳhir isau rhĳ smwĳe]2]	bairaagai tay har paa-ee-ai har si-o rahai samaa-ay. 2	Through this detachment, the Lord is obtained, and one remains absorbed in the Lord. 2
sje mĳq ij mnu ij xih iPir Dwqu n l wĳAwĳe]	say-ay mukat je man jineh fir Dhaat na laagai aa-ay.	He alone is liberated, who conquers his mind; Maya does not stick to him again.
dsvĳdAwĳir rhq kryiqBvx sWĳ pwĳe]3]	dasvai du-aar rahaĳ karay taribhavan sojhee paa-ay. 3	He dwells in the Tenth Gate, and obtains the understanding of the three worlds. 3
nwnk ĳr qyĳur hieAw vĳkhu iq kl rj wĳe]	naanak gur tay gur ho-i-aa vaykhhu tis kee rajaa-ay.	O Nanak, through the Guru, one becomes the Guru; behold, His Wondrous Will.
iehu kwxu krq w kryj qĳ j iq smwĳe]4]3]5]	ih kaaran kartaa karay joĳee joĳ samaa-ay. 4 3 5	This deed was done by the Creator Lord; one's light merges into the Light. 4 3 5