

jug maahi naam dulambh hai gurmukh paa-i-aa jaa-ay

gJ rI mhl w 3] (490-15)	goojree mehlaa 3.	Goojaree, Third Mehl:
j g mwiH nwmudl BuhY gurmik pwieAw j wie]	jug maahi naam <u>dulambh</u> hai gurmukh paa-i-aa jaa-ay.	It is so difficult to obtain the Naam, the Name of the Lord, in this age; only the Gurmukh obtains it.
ibnu nwl mkiq n hvel vkhuko ivapwie]1]	bin naavai mukaṭ na hova-ee vaykhhu ko vi-upaa-ay. 1	Without the Name, no one is liberated; let anyone make other efforts, and see. 1
bil hwl gr Awpxy sd bil hwl j wau]	balihaaree gur aapṇay sad balihaarai jaa-o.	I am a sacrifice to my Guru; I am forever a sacrifice to Him.
siqgr imil A'hir min vs' shj y rhY smwie]1] rhwau]	satgur mili-ai har man vasai sehjay rahai samaa-ay. 1 rahaa-o.	Meeting the True Guru, the Lord comes to dwell in the mind, and one remains absorbed in Him. 1 Pause
j W Baupwey Awpxw b'hwgu apj Y min Awie]	jaa ^N bha-o paa-ay aapṇaa bairaag upjai man aa-ay.	When God instills His fear, a balanced detachment springs up in the mind.
b'hwgl qy hir pwel A'hir isau rhY smwie]2]	bairaagai tay har paa-ee-ai har si-o rahai samaa-ay. 2	Through this detachment, the Lord is obtained, and one remains absorbed in the Lord. 2
sje mkq ij mnu ij xih i Pir Dwqu n l wgl Awie]	say-ay mukaṭ je man jineh fir Dhaat na laagai aa-ay.	He alone is liberated, who conquers his mind; Maya does not stick to him again.
dsv' d'Awir rhq kryiq Bvx s'w l pwie]3]	dasvai du-aar rahaṭ karay taribhavan sojhee paa-ay. 3	He dwells in the Tenth Gate, and obtains the understanding of the three worlds. 3
nwnk gr qy giru hieAw vkhuiqs kl rj wie]	naanak gur tay gur ho-i-aa vaykhhu tis kee rajaa-ay.	O Nanak, through the Guru, one becomes the Guru; behold, His Wondrous Will.
iehu kurxu krqw kryj ql j iq smwie]4]3]5]	ih kaaran kartaa karay jotee jot samaa-ay. 4 3 5	This deed was done by the Creator Lord; one's light merges into the Light. 4 3 5