

har har naam japahu mayray bhaa-ee

gaWl guAaryl mhl 3 (161-7)	ga-or <u>h</u> ee gu-aarayree mehlaa 3.	Gauree Gwaarayree, Third Mehl:
ij nW gurmik iDAwieAw iqn pCau j wie]	jinaa gurmuk <u>h</u> <u>D</u> hi-aa-i-aa <u>t</u> in poo <u>ch</u> ha-o jaa-ay.	Go and ask the Gurmukhs, who meditate on the Lord.
gr syW qymnu pqlAwie]	gur sayvaa <u>t</u> ay man pa <u>t</u> ee-aa-ay.	Serving the Guru, the mind is satisfied.
syDnvtq hir nWmu kmwie]	say <u>D</u> hanva <u>n</u> t har naam kamaa-ay.	Those who earn the Lord's Name are wealthy.
plry gr qysWl pwie]1]	pooray gur <u>t</u> ay soj <u>h</u> ee paa-ay. 1	Through the Perfect Guru, understanding is obtained. 1
hir hir nWmu j phumry Bwel]	har har naam japahu mayray <u>b</u> haa-ee.	Chant the Name of the Lord, Har, Har, O my Siblings of Destiny.
gurmik syW hir Gw Qwie pwel]1] rhWau]	gurmuk <u>h</u> sayvaa har <u>g</u> haal thaa-ay paa-ee. 1 rahaa-o.	The Gurmukhs serve the Lord, and so they are accepted. 1 Pause
Awpu pCuxY mnu inrml u hie]	aap pa <u>ch</u> haa <u>n</u> ai man nirmal ho-ay.	Those who recognize the self - their minds become pure.
j lvn mkiq hir pWV sie]	jeevan muka <u>t</u> har paavai so-ay.	They become Jivan-mukta, liberated while yet alive, and they find the Lord.
hir gx gwV miq abm hie]	har gun gaavai ma <u>t</u> ootam ho-ay.	Singing the Glorious Praises of the Lord, the intellect becomes pure and sublime,
shj yshij smWV sie]2]	sehjay sa <u>h</u> j samaavai so-ay. 2	and they are easily and intuitively absorbed in the Lord. 2
dj Y Bwie n sjvAw j wie]	<u>d</u> oojai <u>b</u> haa-ay na sayvi-aa jaa-ay.	In the love of duality, no one can serve the Lord.
hamY mwieAw mhW ibKu Kwie]	ha-umai maa-i-aa mahaa bik <u>h</u> <u>k</u> haa-ay.	In egotism and Maya, they are eating toxic poison.
piq kutmb igth mohAw mwie]	pu <u>t</u> kutamb garihi mohi-aa maa-ay.	They are emotionally attached to their children, family and home.
mnmiK AIDW AwVj wie]3]	manmuk <u>h</u> an <u>D</u> haa aavai jaa-ay. 3	The blind, self-willed manmukhs come and go in reincarnation. 3
hir hir nWmu dyVj nu sie] Anidnu Bgiq gr sbdl hie]	har har naam <u>d</u> ayvai jan so-ay. an- <u>d</u> in <u>b</u> haga <u>t</u> gur sab <u>d</u> ee ho-ay.	Those, unto whom the Lord bestows His Name, worship Him night and day, through the Word of the Guru's Shabad.
gurmig ivrl W bWY kie]	gurmat vir <u>l</u> aa booj <u>h</u> ai ko-ay.	How rare are those who understand the Guru's Teachings!
nWnk nWim smWV sie]4]12]32]	naanak naam samaavai so-ay. 4 12 32	O Nanak, they are absorbed in the Naam, the Name of the Lord. 4 12 32