

ji-o jannee sut jan paaltee raakhai nadar majhaar

gaWl bhwgix mhl w 4 ] (168-1)	ga-orhee bairaagan mehlaa 4.	Gauree Bairaagan, Fourth Mehl:
ij auj nni siqij ix pwl ql rWkY ndir mJwir ]	ji-o jannee sut jan paaltee raakhai nadar majhaar.	Just as the mother, having given birth to a son, feeds him and keeps him in her vision
Alqir bwhir miK dyigrwsuiknu iKnu pcwir ]	anar baahar mukh day giraas khin khin pochaar.	- indoors and outdoors, she puts food in his mouth; each and every moment, she caresses him.
iqau siqgurugrisK rWkqw hir piliq ipAwir ]1]	ti-o satgur gursikh raakh-taa har pareet pi-aar.   1	In just the same way, the True Guru protects His GurSikhs, who love their Beloved Lord.   1
myr rwm hm bwirk hir pB kyhl ieAwxy ]	mayray raam ham baarik har parabh kay hai i-aanay.	O my Lord, we are just the ignorant children of our Lord God.
Dhu Dhu gurUguru siqgurupwDw ij in hir apdsu dy kleyisAwxy ]1] rhaw ]	Dhan Dhan guroo gur satgur paaDhaa jin har updays day kee- ay si-aanay.   1   rahaa-o.	Hail, hail, to the Guru, the Guru, the True Guru, the Divine Teacher who has made me wise through the Lord's Teachings.   1  Pause
j lI ggin iPrhl afql kpribgy vwl I ]	jaisee gagan firantee oodtee kapray baagay vaalee.	The white flamingo circles through the sky,
Eh rWkY clqupIyibic bcrying ihrdYswir smwl I ]	oh raakhai cheet peechhai bich bachray nit hirdai saar samaalee.	but she keeps her young ones in her mind; she has left them behind, but she constantly remembers them in her heart.
iqau siqgur isK piliq hir hir kl guruisK rWYj IA nwl I ]2]	ti-o satgur sikh pareet har har kee gur sikh rakhai jee-a naalee.   2	In just the same way, the True Guru loves His Sikhs. The Lord cherishes His GurSikhs, and keeps them clasped to His Heart.   2
j lY kwql qls bqls hYivic rWkY rsnw mws rqukrI ]	jaisay kaatee tees batees hai vich raakhai rasnaa maas rat kayree.	Just as the tongue, made of flesh and blood, is protected within the scissors of the thirty-two teeth
kel j wxhwmws kwql kYikCu hwiQ hYsB vsiq hYhir kyrI ]	ko-ee jaanhu maas kaatee kai kichh haath hai sabh vasgat hai har kayree.	- who thinks that the power lies in the flesh or the scissors? Everything is in the Power of the Lord.
iqau sth j nw kl nr inNw krih hir rWkY pj j n kyrI ]3]	ti-o sant janaa kee nar nindaa karahi har raakhai paj jan kayree.   3	In just the same way, when someone slanders the Saint, the Lord preserves the honor of His servant.   3

<p>Bwēl mǝ kēl j ʷxhuiksl kʷikCū hwiQ hʷsB krykrwieAw ]</p>	<p>b<sub>h</sub>aa-ee maṭ ko-ee jaanhu kisee kai kichh haath hai sabh karay karaa-i-aa.</p>	<p>O Siblings of Destiny, let none think that they have any power. All act as the Lord causes them to act.</p>
<p>j rʷ mʷ qʷpʷisriq sʷpʷsBʷhir kʷvis hʷkēl l ʷig n skʷibnʷhir kʷ l ʷieAw ]</p>	<p>jaraa maraa taap sirat saap sabh har kai vas hai ko-ee laag na sakai bin har kaa laa-i-aa.</p>	<p>Old age, death, fever, poisons and snakes - everything is in the Hands of the Lord. Nothing can touch anyone without the Lord's Order.</p>
<p>Aʷsʷ hir nʷmʷmin iciq iniq iDAʷvhu j n nʷnk j oAʷl Aaʷsir l eyCfʷieAw ]4]7]13]51]</p>	<p>aisaa har naam man chit nit Dhi- aavahu jan naanak jo antee a-osar la-ay chhadadaa-i-aa.   4  7  13  51  </p>	<p>Within your conscious mind, O servant Nanak, meditate forever on the Name of the Lord, who shall deliver you in the end.   4  7  13  51  </p>