

paraanee ayko naam Dhi-aavahu

<p>raagumI w capdy mhl w 1 Gru 1 (1254-4)</p>	<p>raag malaar cha-upday mehlaa 1 ghar 1</p>	<p>Raag Malaar, Chau-Padas, First Mehl, First House:</p>
<p>Kixw plxw hsxw saixw ivsir gieAw hYmrxw]</p>	<p>khaanaa peenaa hasnaa sa-unaa visar ga-I-aa hai marnaana.</p>	<p>Eating, drinking, laughing and sleeping, the mortal forgets about dying.</p>
<p>Ksmuivswir KuAwrl kInI iDigu j Ivxu nhl rhxw]1]</p>	<p>khasam visaar khu-aaree keenee Dharig jeevan nahee rahnaa. 1 </p>	<p>Forgetting his Lord and Master, the mortal is ruined, and his life is cursed. He cannot remain forever. 1 </p>
<p>plixl ekonmu iDAwvhu]</p>	<p>paraanee ayko naam <u>Dhi</u>-aavahu.</p>	<p>O mortal, meditate on the One Lord.</p>
<p>Apnl piq sqI Gir j wvhu]1] rhwaI]</p>	<p>apnee pat saytee ghar jaavhu. 1 rahaa-o.</p>	<p>You shall go to your true home with honor. 1 Pause </p>
<p>qDno syvih qwukAw dyvih mlgih I yih rhih nhl]</p>	<p>tuDhno sayveh tujh ki-aa dayveh maa^Ngeh layveh raheh nahee.</p>	<p>Those who serve You - what can they give You? They beg for and receive what cannot remain.</p>
<p>qldiqw j IA w sBnw kw j IA w Amdir j laiqhl]2]</p>	<p>too daataa jee-aa sabhnaa kaa jee- aa andar jee-o tuhee. 2 </p>	<p>You are the Great Giver of all souls; You are the Life within all living beings. 2 </p>
<p>gurmik iDAwvih is Allmku pivih speI stcyhhl]</p>	<p>gurmukh <u>Dhi</u>-aavahi se amrit paavahi say-ee soochay hohee.</p>	<p>The Gurmukhs meditate, and receive the Ambrosial Nectar; thus they become pure.</p>
<p>Aihinis numuj phurypixl ml y hCyhhl]3]</p>	<p>ahinis naam japahu ray paraanee mailay hachhay hohee. 3 </p>	<p>Day and night, chant the Naam, the Name of the Lord, O mortal. It makes the filthy immaculate. 3 </p>
<p>j hl riq kwieAw skuqhw qho j hl dhl]</p>	<p>jayhee rut kaa-I-aa sukh tayhaa tayho jayhee dayhee.</p>	<p>As is the season, so is the comfort of the body, and so is the body itself.</p>
<p>nanak riq sthivl swel ibnu nwl riq khl]4]1]</p>	<p>naanak rut suhaavee saa-ee bin naavai rut kayhee. 4 1 </p>	<p>O Nanak, that season is beautiful; without the Name, what season is it? 4 1 </p>