

kaisay kaha-o mohi jee-a bayd_{naa}-ee

ਸ੍ਰਿਗ ਮਹਿ ॥ 5 ਗ੍ਰੰ 2 (1206-19)	saarag mehlāa 5 ghar 2	Saarang, Fifth Mehl, Second House:
ਕੈਯ ਕਹਾਮੋਹ ਜ ਆ ਬਧਨੈ ॥]	kaisay kaha-o mohi jee-a bayd _{naa} -ee.	How can I express the pain of my soul?
ਦਰਸਨ ਆਸਿ ਆ ਪਲਿਕ ਮਨਹ ਮਨੁ ਨ ਰਹਿ ਬਹੁ ਭਿਠ ਅਨਕੈ ॥ 1 ॥ ਰਹੈ ॥]	<u>darsan</u> pi-aas pari-a pareet manohar man na rahai baho bi <u>Dh</u> umkaa-ee. 1 rahaa-o.	I am so thirsty for the Blessed Vision, the Darshan of my Enticing and Lovely Beloved. My mind cannot survive - it yearns for Him in so many ways. 1 Pause
ਓਕ੍ਵਿਨ ਓਕ੍ਵਾ ਆ ਪਲਿਕ ਬਹਿਗ ਕਿਦ ਪਾਵਾ ਹਿਰ ਦਰਸੈ ॥]	chit _{van} chit _{va} -o pari-a pareet bairaagee ka <u>d</u> paava-o har <u>darsaa</u> -ee.	I think thoughts of Him; I miss the Love of my Beloved. When will I obtain the Blessed Vision of the Lord's Darshan?
ਜ ਯਨ ਕਰਾਇਹੁ ਮਨੁ ਨਹਿ ਠਿਰੈ ਕੈ ਹੈ ਰਿਸੈ ਮਿਲੈ ॥ 1 ॥]	ja <u>tan</u> kara-o ih man nahee <u>Dheerai</u> ko-oo hai ray sant _{milaa} -ee. 1	I try, but this mind is not encouraged. Is there any Saint who can lead me to God? 1
ਜ ਪ ਚ ਸ੍ਰੀ ਮ ਪਠਿ ਸਿਭ ਹਮਾ ਆ ਚਿ ਆਪਾ ਸਿਭ ਸਿਕ ਜੈ ॥]	ja <u>p</u> <u>tap</u> sanjam punn <u>sabh</u> homa-o ti <u>s</u> arpa-o <u>sabh</u> <u>sukh</u> jaa ^N -ee.	Chanting, penance, self-control, good deeds and charity - I sacrifice all these in fire; I dedicate all peace and places to Him.
ਏਕਿ ਨਮਕ ਆ ਦਰਸਿ ਠਿਕ ਆ ਚਿ ਸਿਠਿ ਕੈ ਭਿਲੈ ॥ 2 ॥]	ayk nimakh _{pari} -a <u>daras</u> <u>dikhaavai</u> ti <u>s</u> sant _{an} kai bal jaa ^N -ee. 2	One who helps me to behold the Blessed Vision of my Beloved, for even an instant - I am a sacrifice to that Saint. 2
ਕਰਾਇਹੈ ਬਹਿ ਚ ਬਨੈ ਸ੍ਰਾ ਠਿਨੁ ਰਹੈ ॥]	kara-o nihoraa bahut _{bayntee} sayva-o <u>din</u> rainaa-ee.	I offer all my prayers and entreaties to him; I serve him, day and night.
ਮਨੁ ਆ ਠਿ ਮਨੁ ਹਾ ਸਗਿ ਓ ਆ ਗਾ ਜ ਆ ਚਿ ਸਿਨੈ ॥ 3 ॥]	maan <u>abhimaan</u> ha-o sagal <u>ti</u> - aaga-o jo pari-a baat _{sunaa} -ee. 3	I have renounced all pride and egotism; he tells me the stories of my Beloved. 3
ਦਿਕ ਚਿਰੈ ਠਿ ਹਾ ਚਿ ਸਿਨਿ ਗਿ ਸਿਗਿ ਪਰਿਕਿ ਮਿਲੈ ॥]	<u>daykh</u> charitar <u>bha</u> -ee ha-o bisman gur sat _{gur} purakh _{milaa} -ee.	I am wonder-struck, gazing upon the wondrous play of God. The Guru, the True Guru, has led me to meet the Primal Lord.
ਪਠਿ ਰਹਿ ਠਿ ਆ ਮਿਹਿ ਓ ਮਿਹਿ ਪਾਇ ਆ ਜ ਨ ਨਾਨਕ ਚਿ ਚਿ ਚਿ ॥ 4 ॥ 1 ॥ 15 ॥]	parabh _{rang} <u>da</u> -i-aal mohi garih meh paa-i-aa jan naanak <u>tapat</u> <u>bujhaa-ee. 4 1 15 </u>	I have found God, my Merciful Loving Lord, within the home of my own heart. O Nanak, the fire within me has been quenched. 4 1 15