

vaahu vaahu saachay mai tayree tayk

gaVI mhl w 1] (153-3)	ga-or <u>h</u> ee mehlaa 1.	Gauree, First Mehl:
kuuukDuuuieAw mih clqu]	kaam kro <u>Dh</u> maa-i-aa meh cheet.	The conscious mind is engrossed in sexual desire, anger and Maya.
JU ivkuir j ug'ihq clqu]	<u>jhooth</u> vikaar jaagai hit cheet.	The conscious mind is awake only to falsehood, corruption and attachment.
puI puI B kl klqu]	poonjee paap lob <u>h</u> kee keet.	It gathers in the assets of sin and greed.
ququI min nuusclqu]1]	<u>tar</u> <u>taaree</u> man naam <u>sucheet</u> . 1	So swim across the river of life, O my mind, with the Sacred Naam, the Name of the Lord. 1
vuuvuvsuycmlqrI tk]	vaahu vaahu saachay mai <u>tayree</u> tayk.	Waaho! Waaho! - Great! Great is my True Lord! I seek Your All-powerful Support.
haupuI qllinrml uek]1] rhau]	ha-o paapee <u>too</u> ^N nirmal ayk. 1 rahaa-o.	I am a sinner - You alone are pure. 1 Pause
Agin puI bI BVvau]	agan paan <u>ee</u> bolai <u>bharh</u> vaa-o.	Fire and water join together, and the breath roars in its fury!
ij hvI iekI ekusAvau]	jihvaa ind <u>ree</u> ayk su-aa-o.	The tongue and the sex organs each seek to taste.
idsit ivkuI nhl BauBau]	<u>disat</u> vikaaree naahee <u>bha</u> -o <u>bha</u> -o.	The eyes which look upon corruption do not know the Love and the Fear of God.
Apuuuryqu pieynau]2]	aap maaray <u>taa</u> paa-ay naa-o. 2	Conquering self-conceit, one obtains the Name. 2
sbid mrYiPir mxun hie]	saba <u>d</u> marai fir mara <u>n</u> na ho-ay.	One who dies in the Word of the Shabad, shall never again have to die.
ibnumeyikauphu hie]	bin moo-ay ki-o pooraa ho-ay.	Without such a death, how can one attain perfection?
prpIc ivAup rihAw mudie]	parpanch vi-aap rahi-aa man <u>do</u> -ay.	The mind is engrossed in deception, treachery and duality.
iQunurwixukryshie]3]	thir naaraa-i <u>n</u> karay so ho-ay. 3	Whatever the Immortal Lord does, comes to pass. 3
bihIQ cVauj w AvVvru]	bohith cha <u>rha</u> -o jaa aavai vaar.	So get aboard that boat when your turn comes.
TukybihQ drgh mru]	<u>tha</u> akay bohith <u>dargeh</u> maar.	Those who fail to embark upon that boat shall be beaten in the Court of the Lord.
scusil whI DhugirdiAvru]	sach saalaah <u>ee</u> <u>Dhan</u> gur <u>du</u> -aar.	Blessed is that Gurdwara, the Guru's Gate, where the Praises of the True Lord are sung.
nank dir Gir ekIkuru]4]7]	naanak <u>dar</u> <u>ghar</u> aykankaar. 4 7	O Nanak, the One Creator Lord is pervading hearth and home. 4 7