

kaam kroDh maa-i-aa meh cheet

gaWl mhl w 1 ] (153-3)	ga-or <sup>h</sup> ee mehlaa 1.	Gauree, First Mehl:
ku <sup>m</sup> ku <sup>D</sup> u <sup>m</sup> ieAw mih clqu ]	kaam kro <sup>D</sup> h maa-i-aa meh cheet.	The conscious mind is engrossed in sexual desire, anger and Maya.
JU <sup>r</sup> ivk <sup>w</sup> ir j wgl <sup>i</sup> hq clqu ]	j <sup>h</sup> ooth vikaar jaagai hi <sup>t</sup> cheet.	The conscious mind is awake only to falsehood, corruption and attachment.
p <sup>j</sup> l p <sup>w</sup> p l B kl klqu ]	poonjee paap lo <sup>b</sup> h kee keet.	It gathers in the assets of sin and greed.
qru <sup>q</sup> rl min n <sup>m</sup> usclqu ]1]	ta <sup>r</sup> taaree man naam such <sup>e</sup> t.   1	So swim across the river of life, O my mind, with the Sacred Naam, the Name of the Lord.   1
v <sup>h</sup> u <sup>v</sup> hu <sup>s</sup> wcy m <sup>y</sup> q <sup>r</sup> l t <sup>j</sup> k ]	vaahu vaahu saachay mai ta <sup>y</sup> ree tayk.	Waaho! Waaho! - Great! Great is my True Lord! I seek Your All-powerful Support.
ha <sup>u</sup> p <sup>u</sup> pl q <sup>l</sup> in <sup>r</sup> ml uek ]1] rh <sup>w</sup> au ]	ha-o paapee too <sup>N</sup> nirmal ayk.   1   rahaa-o.	I am a sinner - You alone are pure.   1  Pause
Agin p <sup>w</sup> xl b <sup>d</sup> YBV <sup>w</sup> au ]	agan pa <sup>a</sup> nee bolai b <sup>h</sup> ar <sup>h</sup> vaa-o.	Fire and water join together, and the breath roars in its fury!
ij hv <sup>w</sup> iel <sup>l</sup> ek <sup>s</sup> u <sup>s</sup> Awau ]	jihvaa indree ayk su-aa-o.	The tongue and the sex organs each seek to taste.
idsit ivk <sup>w</sup> rl n <sup>h</sup> l Bau <sup>B</sup> au ]	disat vikaaree naahee b <sup>h</sup> a-o b <sup>h</sup> aa-o.	The eyes which look upon corruption do not know the Love and the Fear of God.
A <sup>w</sup> pu <sup>m</sup> ryq <sup>w</sup> piey <sup>n</sup> au ]2]	aap maaray ta <sup>a</sup> paa-ay naa-o.   2	Conquering self-conceit, one obtains the Name.   2
sbid m <sup>r</sup> l i <sup>P</sup> ir m <sup>r</sup> xun hie ]	saba <sup>d</sup> marai fir mara <sup>n</sup> na ho-ay.	One who dies in the Word of the Shabad, shall never again have to die.
ib <sup>n</sup> u <sup>m</sup> ey i <sup>k</sup> aup <sup>h</sup> hie ]	bin moo-ay ki-o pooraa ho-ay.	Without such a death, how can one attain perfection?
pr <sup>p</sup> lc iv <sup>A</sup> wip rih <sup>A</sup> m <sup>n</sup> udie ]	parpanch vi-aap rahi-aa man do-ay.	The mind is engrossed in deception, treachery and duality.
i <sup>Q</sup> ru <sup>n</sup> w <sup>i</sup> ex <sup>u</sup> k <sup>r</sup> ys <sup>u</sup> hie ]3]	thir naaraa-in karay so ho-ay.   3	Whatever the Immortal Lord does, comes to pass.   3
b <sup>i</sup> hiQ c <sup>V</sup> auj w Aw <sup>v</sup> v <sup>w</sup> ru ]	bohith char <sup>h</sup> a-o jaa aavai vaar.	So get aboard that boat when your turn comes.
T <sup>w</sup> ky <sup>b</sup> ihQ drgh m <sup>w</sup> r ]	thaakay bohith da <sup>r</sup> geh maar.	Those who fail to embark upon that boat shall be beaten in the Court of the Lord.
sc <sup>s</sup> wl whl Dh <sup>u</sup> g <sup>r</sup> du <sup>A</sup> wru ]	sach saala <sup>a</sup> hee Dh <sup>a</sup> n gur <sup>d</sup> u-aar.	Blessed is that Gurdwara, the Guru's Gate, where the Praises of the True Lord are sung.
n <sup>w</sup> nk dir Gir ek <sup>l</sup> ku <sup>r</sup> u ]4]7]	naanak da <sup>r</sup> g <sup>h</sup> ar aykankaar.   4  7	O Nanak, the One Creator Lord is pervading hearth and home.   4  7