

vaahu vaahu pooray gur kee baṅee

shl mhl w 3 ] (754-5)	soohee mehlaa 3.	Soohee, Third Mehl:
kwieAw kumix Aiq sAwil @uipru vsYij sunil y ]	kaa-i-aa kaaman at su-aaliha-o pir vasai jis naalay.	The body-bride is very beautiful; she dwells with her Husband Lord.
ipr scyqysdw shngix gir kw sbdusm w ]	pir sachay tay sadaa suhaagan gur kaa sabad sam <sup>H</sup> aalay.	She becomes the happy soul-bride of her True Husband Lord, contemplating the Word of the Guru's Shabad.
hir kl Bgiq sdw rllg rwwq haml ivchuj wl y ]1]	har kee bhagat sadaa rang raataa ha-umai vichahu jaalay.   1	The Lord's devotee is forever attuned to the Lord's Love; her ego is burnt away from within.   1
vaahu vaahu pthy gir kl bixl ]	vaahu vaahu pooray gur kee baṅee.	Waaho! Waaho! Blessed, blessed is the Word of the Perfect Guru's Bani.
pthy gir qy apj l swic smxl ]1] rhau ]	pooray gur tay upjee saach samaṅee.   1   rahaa-o.	It wells up and springs forth from the Perfect Guru, and merges into Truth.   1  Pause
kwieAw Aldir sBuikCu vsY KIF mlFl pwwl w ]	kaa-i-aa andar sabh kichh vasai khand mandal paataalaa.	Everything is within the Lord - the continents, worlds and nether regions.
kwieAw Aldir j gj lvn dwwq vsY sBnw kryptqpw w ]	kaa-i-aa andar jagjeevan daataa vasai sabhnaa karay partipaalaa.	The Life of the World, the Great Giver, dwells within the body; He is the Cherisher of all.
kwieAw kumix sdw shyl l gurmik nmusm w ]2]	kaa-i-aa kaaman sadaa suhaylee gurmukh naam sam <sup>H</sup> aalaa.   2	The body-bride is eternally beautiful; the Gurmukh contemplates the Naam.   2
kwieAw Aldir Awpy vsY Al Kun l iKAw j wel ]	kaa-i-aa andar aapay vasai alakh na lakhi-aa jaa-ee.	The Lord Himself dwells within the body; He is invisible and cannot be seen.
mnmiKu mgDu bWY nwhl bwhir Bwl ix j wel ]	manmukh mugaDh boojhai naahee baahar bhaalan jaa-ee.	The foolish self-willed manmukh does not understand; he goes out searching for the Lord externally.
siqgru syysdw sKu pwey siqgir Al Kuidqw l Kuel ]3]	satgur sayvay sadaa sukh paa-ay satgur alakh ditaa lakhaa-ee.   3	One who serves the True Guru is always at peace; the True Guru has shown me the Invisible Lord.   3
kwieAw Aldir rqn pdwrQ Bgiq Bry BIFrw ]	kaa-i-aa andar ratan padaarath bhagat bharay bhandaaraa.	Within the body there are jewels and precious treasures, the over-flowing treasure of devotion.
iesukwieAw Aldir naKIF ipQml hwt ptx bjj wrw ]	is kaa-i-aa andar na-ukhand parithmee haat patan baajaaraa.	Within this body are the nine continents of the earth, its markets, cities and streets.

iesukwieAw Amdir nwmunauiniD pweIAIgr kYsbid vlcrw ]4]	is kaa-i-aa andar naam na-o niDh paa-ee-ai gur kai sabad veechaaraa.   4	Within this body are the nine treasures of the Naam; contemplating the Word of the Guru's Shabad, it is obtained.   4
kwieAw Amdir qol qd wvAmpy qd xhrw ]	kaa-i-aa andar tol tulaavai aapay tolanhaaraa.	Within the body, the Lord estimates the weight; He Himself is the weigher.
iehumnurqnuj vhr mwxkuigs kw md uAPwrw ]	ih man ratan javaahar maanak tis kaa mol afaaraa.	This mind is the jewel, the gem, the diamond; it is absolutely priceless.
mol ikq hl nwmupweIAI nwhl nwmu pweIAIgr blcrw ]5]	mol kit hee naam paa-ee-ai naahee naam paa-ee-ai gur beecharaa.   5	The Naam, the Name of the Lord, cannot be purchased at any price; the Naam is obtained by contemplating the Guru.   5
gurmik hwYsu kwieAw Kj Yhr sB Brim Bl wel ]	gurmukh hovai so kaa-i-aa khojai hor sabh bharam bhulaa-ee.	One who becomes Gurmukh searches this body; all others just wander around in confusion.
ij s nodje sel j nu pvhhr ikAw kokrycqrwel ]	jis no day-ay so-ee jan paavai hor ki-aa ko karay chaturaa-ee.	That humble being alone obtains it, unto whom the Lord bestows it. What other clever tricks can anyone try?
kwieAw Amdir BauBwauvsIgr prswdl pweI ]6]	kaa-i-aa andar bha-o bhaa-o vasai gur parsadee paa-ee.   6	Within the body, the Fear of God and Love for Him abides; by Guru's Grace, they are obtained.   6
kwieAw Amdir bhnmw ibsnwmhysw sB Epiq ij qusbrw ]	kaa-i-aa andar barahmaa bisan mahaysaa sabh opat jit sansaaraa.	Within the body, are Brahma, Vishnu and Shiva, from whom the whole world emanated.
scY Awpwxw Kj urcwieAw Avw gaxupswr ]	sachai aapnaa khayl rachaa-i-aa aavaa ga-on paasaaraa.	The True Lord has staged and contrived His own play; the expanse of the Universe comes and goes.
plYsiqgir Awip idkwieAw sic nwm insqwrw ]7]	poorai satgur aap dikhaa-i-aa sach naam nistaaraa.   7	The Perfect True Guru Himself has made it clear, that emancipation comes through the True Name.   7
sw kwieAw j osiqgrusyl scY Awip svr ]	saa kaa-i-aa jo satgur sayvai sachai aap savaaree.	That body, which serves the True Guru, is embellished by the True Lord Himself.
ivxunwvldir Fel nwhl qw j mu krykAwrl ]	vin naavai dar dho-ee naahee taa jam karay khu-aaree.	Without the Name, the mortal finds no place of rest in the Court of the Lord; he shall be tortured by the Messenger of Death.
nwnk scvifAwel pweij s no hir ikrpw Dwr ]8]2]	naanak sach vadi-aa-ee paa-ay jis no har kirpaa Dhaaree.   8  2	O Nanak, true glory is bestowed, when the Lord showers His Mercy.   8  2