

hirdai naam vasaa-iho

sriT mhl 5] (621-12)	sorath mehlāa 5.	Sorat'h, Fifth Mehl:
ihrdY nmu vswiehu]	hirdai naam vasaa-iho.	Enshrine the Naam, the Name of the Lord, within your heart;
Gir bTYgrliDAwiehu]	ghar baithay guroo Dhi-aa-iho.	sitting within your own home, meditate on the Guru.
gür pth'scu kihAw]	gur poorai sach kahi-aa.	The Perfect Guru has spoken the Truth;
so sKu swc I ihAw]1]	so sukh saachaa lahi-aa. 1	the True Peace is obtained only from the Lord. 1
Apni hieE guru imhrvwn]	apunaa ho-i-o gur miharvaanaa.	My Guru has become merciful.
And sIK kil Awx mly isau Gir Aweykir iesnwn] rhwau]	anad sookh kali-aan mangal si-o ghar aa-ay kar isnaanaa. rahaa-o.	In bliss, peace, pleasure and joy, I have returned to my own home, after my purifying bath. Pause
swcl gir vifAweI]	saachee gur vadi-aa-ee.	True is the glorious greatness of the Guru;
qw kl klmiq khxun j wel]	taa kee keemat kahan na jaa-ee.	His worth cannot be described.
isir swhw piqswhw]	sir saahaa paatisaahaa.	He is the Supreme Overlord of kings.
gur Bytq min Emwhw]2]	gur bhaytat man omaahaa. 2	Meeting with the Guru, the mind is enraptured. 2
sgl prwCq I wQy]	sagal paraachhat laathay.	All sins are washed away,
imil swDsMjiq k'swQy]	mil saaDhsangat kai saathay.	meeting with the Saadh Sangat, the Company of the Holy.
gx inDwn hir nwnw]	gun niDhaan har naamaa.	The Lord's Name is the treasure of excellence;
j ip pthn heykwnw]3]	jap pooran ho-ay kaamaa. 3	chanting it, one's affairs are perfectly resolved. 3
gür klnomikiq diAww]	gur keeno mukat du-aaraa.	The Guru has opened the door of liberation,
sB isbit krYj kwrw]	sabh sarisat karai jaikaaraa.	and the entire world applauds Him with cheers of victory.
nwnk pBumyY swQy]	naanak parabh mayrai saathay.	O Nanak, God is always with me;
j nm mrx BYI wQy]4]2]52]	janam maran bhai laathay. 4 2 52	my fears of birth and death are gone. 4 2 52