

har gun parhee-ai har gun gunee-ai

ਮਾਯ ਮਹਲਾ ੪] (੧5-1)	maajh mehlaa 4.	Maajh, Fourth Mehl:
ਹਿਰ ਗੁਖ ਪਵਿਅਹਿਰ ਗੁਖ ਗੁਖਿਅ]	har gun parhee-ai har gun gunee-ai.	Read of the Lord's Glories and reflect upon the Lord's Glories.
ਹਿਰ ਹਿਰ ਨਾਮ ਕਉ inq ਸਕਿਅ]	har har naam kathaā niṭ sunee-ai.	Listen continually to the Sermon of the Naam, the Name of the Lord, Har, Har.
ਮਿਲ ਸਤਸੰਗਿ ਹਿਰ ਗੁਖ ਗੁਯੇਜ ਗੁ Baj I udqriqriA] j lau]1]	mil satsangāṭ har gun gaa-ay jag bha-ojal duṭar taree-ai jee-o. 1	Joining the Sat Sangat, the True Congregation, and singing the Glorious Praises of the Lord, you shall cross over the treacherous and terrifying world-ocean. 1
ਅਉਸਕਿ ਹਿਰ ਮਯਿ ਕਰਯਹੁ]	aa-o sakhee har mayl karayhaa.	Come, friends, let us meet our Lord.
ਮਯਰਪਿਕਮ ਕਮ ਮਯਿ ਦੇ ਸੁਨਯਹੁ]	mayray pareetaṃ kaa mai day-ay sanayhaa.	Bring me a message from my Beloved.
ਮਯਰਿ ਮਿਕਿ ਸਕਿ ਸੋਪਿਕਮੁ ਬਿਲ ਮਯਿ dsyhir nrhriA] j lau]2]	mayraa miṭar sakhaa so pareetaṃ bhaa-ee mai dasay har narharee-ai jee-o. 2	He alone is a friend, companion, beloved and brother of mine, who shows me the way to the Lord, the Lord of all. 2
ਮਯਰਿ ਬਿਦਨ ਹਿਰ ਗੁਰੁ ਪੁਰੁ ਜਿ ਅਖਿ]	mayree baydan har gur pooraa jaanai.	My illness is known only to the Lord and the Perfect Guru.
ਹਉਰਿ ਨ ਸਕਿ ਬਿਨੁ ਨਾਮੁ ਵਕੁਖਿ]	ha-o reh na sakaa bin naam vakhaanay.	I cannot continue living without chanting the Naam.
ਮਯਿ ਅਕਿ ਠੁਮਿ ਠੁਮਿ ਠੁਮਿ ਠੁਮਿ ਠੁਮਿ ਹਿਰ ਨਾਮਿ ਅਕਿ ਠੁਮਿ ਠੁਮਿ ਠੁਮਿ ਠੁਮਿ]3]	mai a-ukhaDh mantar deejai gur pooray mai har har naam uDhree- ai jee-o. 3	So give me the medicine, the Mantra of the Perfect Guru. Through the Name of the Lord, Har, Har, I am saved. 3
ਹਮ ਚਿਕਿ ਦਿਨਿ ਸਿਗਿ ਸਰਿ ਚਿਕਿ]	ham chaatrik deen satgur sarna- ee.	I am just a poor song-bird, in the Sanctuary of the True Guru,
ਹਿਰ ਹਿਰ ਨਾਮੁ ਬਿੰਦੁ ਮਿਕਿ ਪੁਕਿ]	har har naam boond mukh paa-ee.	who has placed the Drop of Water, the Lord's Name, Har, Har, in my mouth.
ਹਿਰ ਜਿ ਨਿੰਦਿ ਹਮ ਜਿ ਕਮਿ ਨਿੰਦਿ ਨ ਨਾਮਿ ਜਿ ਬਿਨੁ ਮਰਿ ਠੁਮਿ ਠੁਮਿ ਠੁਮਿ]4]3]	har jalniDh ham jal kay meenay jan naanak jal bin maree-ai jee-o. 4 3	The Lord is the Treasure of Water; I am just a fish in that water. Without this Water, servant Nanak would die. 4 3