

har kay naam binaa dukh paavai

ibI wvI umhI w 9] (830-18)	bilaaval mehlaa 9.	Bilaaval, Ninth Mehl:
hir kynm ibn dKu pvvY]	har kay naam binaa <u>dukh</u> paavai.	Without the Name of the Lord, you shall only find pain.
Bgiq ibn shsw nh cIkY gur iehu Bpdu bqvvY]1] rhwau]	<u>bh</u> agat binaa sahsaa nah chookai gur ih <u>bh</u> ayd baavaavai. 1 rahaa- o.	Without devotional worship, doubt is not dispelled; the Guru has revealed this secret. 1 Pause
khw BieE qIrQ bK kley rwm srin nhl AwvY]	kahaa <u>bh</u> a-i-o <u>t</u> irath barat kee-ay raam saran nahee aavai.	Of what use are sacred shrines of pilgrimage, if one does not enter the Sanctuary of the Lord?
j g j g inhPI iqh mwnauj opB j suibsvvY]1]	jog jag nihfal <u>t</u> ih maan-o jo par <u>ah</u> jas bisraavai. 1	Know that Yoga and sacrificial feasts are fruitless, if one forgets the Praises of God. 1
mwn mh dno kau prhir g ib ki ky gn gvY]	maan moh <u>do</u> no ka-o parhar gobind kay gun gaavai.	One who lays aside both pride and attachment, sings the Glorious Praises of the Lord of the Universe.
khunwk ieh ibiD ko plnl j lvn mkiq khvvY]2]2]	kaho naanak ih bi <u>D</u> h ko paraanee jeevan mukat kahaavai. 2 2	Says Nanak, the mortal who does this is said to be 'jivan mukta' - liberated while yet alive. 2 2