

har har kathaā sunhu ik nimakh pal sabh kilvikh paap leh jaanee

Dnwsrl mhl 4] (667-8)	Dhanaasree mehlāa 4.	Dhanaasaree, Fourth Mehl:
hir kws sghu sgguru sq prkws j o bd Yhir hir bwnl]	har kaa sant satgur sat purkhaa jo bolai har har baanee.	The True Guru is the Lord's Saint, the True Being, who chants the Bani of the Lord, Har, Har.
j o j o khY sXV somkqW hm iqs kY sd kirbwnl]1]	jo jo kahai sunai so muktaa ham tis kai sad kurbaanee. 1	Whoever chants it, and listens to it, is liberated; I am forever a sacrifice to him. 1
hir kysgh sinhu j sukwnl]	har kay sant sunhu jas kaanee.	O Saints of the Lord, listen to the Lord's Praises with your ears.
hir hir kQW sinhuiek inmK pl siB ikl ivK pwp l ih j wnl]1] rhwaU]	har har kathaā sunhu ik nimakh pal sabh kilvikh paap leh jaanee. 1 rahaa-o.	Listen to the sermon of the Lord, Har, Har, for a moment, for even an instant, and all your sins and mistakes shall be erased. 1 Pause
A'W sghu swDuij n pwieAw qyvf prk vfwl]	aisaa sant saaDh jin paa-i-aa tay vad purakh vadaanee.	Those who find such humble, Holy Saints, are the greatest of the great persons.
iqn kl Dhr mgh pB sAwml hm hir l c l cwnl]2]	tin kee Dhoor mangah parabh su- aamee ham har loch luchaanee. 2	I beg for the dust of their feet; I long for the longing for God, my Lord and Master. 2
hir hir sPil E ibrKw pB sAwml ij n j ipE syiqpqwnl]	har har safli-o birakh parabh su- aamee jin japi-o say tariptaanee.	The Name of God, the Lord and Master, Har, Har, is the fruit-bearing tree; those who meditate on it are satisfied.
hir hir Alhmku pl iqpqwsySB l wQl BIK BIKwnl]3]	har har amrit pee tariptaasay sabh laathee bhookh bhukhaanee. 3	Drinking in the ambrosia of the Name of the Lord, Har, Har, I am satisfied; all my hunger and thirst is quenched. 3
ij n kyvfYBwg vf alcyiqn hir j ipE j pwnl]	jin kay vaday bhaag vad oochay tin har japi-o japaanee.	Those who are blessed with the highest, loftiest destiny, chant and meditate on the Lord.
iqn hir sghiq mjI pB sAwml j n nwnk dws dswl]4]3]	tin har sangat mayl parabh su- aamee jan naanak daas dasaanee. 4 3	Let me join their congregation, O God, my Lord and Master; Nanak is the slave of their slaves. 4 3