

bhaj man mayray ayko naam

gaᳵl mhl ॥ 5 ] (193-9)	ga-or <u>h</u> ee mehlaa 5.	Gauree, Fifth Mehl:
hir ismrq qrl j wie bl wie ]	har simraṭ <u>t</u> ayree jaa-ay balaa-ay.	Remembering the Lord in meditation, your misfortune shall be taken away,
srb kil Awx vsYmin Awie ]1]	sarab kali-aa <u>n</u> vasai man aa-ay.   1	and all joy shall come to abide in your mind.   1
Bj umn myreko num ]	<u>bh</u> aj man mayray ayko naam.	Meditate, O my mind, on the One Name.
j IA qry kY AwV kum ]1] rhau ]	jee-a <u>t</u> ayray kai aavai kaam.   1   rahaa-o.	It alone shall be of use to your soul.   1  Pause
rYx idnsugx gau Anq ]	rain <u>d</u> inas gun <u>g</u> aa-o ananṭaa.	Night and day, sing the Glorious Praises of the Infinite Lord,
gur pty k inrml mty ]2]	gur pooray kaa nirmal mannṭaa.   2	through the Pure Mantra of the Perfect Guru.   2
Cif apiv ejk tk rku ]	<u>ch</u> hod upaav ayk tayk raakh.	Give up other efforts, and place your faith in the Support of the One Lord.
mhw pdwrQu Alimty rsu cwku ]3]	mahaa padaarath amriṭ ras chaakh.   3	Taste the Ambrosial Essence of this, the greatest treasure.   3
ibKm sigrugel j n qry ]	bik <u>h</u> am saagar <u>t</u> ay-ee jan <u>t</u> aray.	They alone cross over the treacherous world-ocean,
nanak j ॥ kaundir kry ]4]68]137]	naanak jaa ka-o na <u>d</u> ar karay.   4  68  137	O Nanak, upon whom the Lord casts His Glance of Grace.   4  68  137