

har ayk simar ayk simar ayk simar pi-aaray

Dnwsrl mhl ॥ 5 Gru 7 (679-2)	Dhanaasree mehlāa 5 ghar 7	Dhanaasaree, Fifth Mehl, Seventh House:
hir ekuismir ekuismir eku ismir ipAary]	har ayk simar ayk simar ayk simar pi-aaray.	Meditate in remembrance on the One Lord; meditate in remembrance on the One Lord; meditate in remembrance on the One Lord, O my Beloved.
kil kl ʃ l B mh mh Baj l u qary] rhwau]	kal kalays lobh moh mahaa bha- ojal taaray. Rahaa-o.	He shall save you from strife, suffering, greed, attachment, and the most terrifying world-ocean. Pause
swis swis inmK inmK idnsurIn icqary]	saas saas nimakh nimakh dinas rain chitaaray.	With each and every breath, each and every instant, day and night, dwell upon Him.
SwDsht j ip insth min inDwnu Dwry]1]	saaDhsang jap nisang man niDhaan Dhaaray. 1	In the Saadh Sangat, the Company of the Holy, meditate on Him fearlessly, and enshrine the treasure of His Name in your mind. 1
crn kml nmskar gun gobd blcary]	charan kamal namaskaar gun gobd bechaaray.	Worship His lotus feet, and contemplate the glorious virtues of the Lord of the Universe.
SwD j nw kl rjn nwnk mltl sK sDwry]2]1]31]	saaDh janaa kee rayn naanak mangal sookh saDhaaray. 2 1 31	O Nanak, the dust of the feet of the Holy shall bless you with pleasure and peace. 2 1 31