

visar naahee daataar aapnaa naam dayh

s hl mhl w 5] (761-16)	soohee mehlaa 5.	Soohee, Fifth Mehl:
isimlq bpd prax pkrin pQIAw]	simrit bayd pura <u>an</u> pukaaran pothee-aa.	The Simritees, the Vedas, the Puraanas and the other holy scriptures proclaim
nwm ibnw siB kVugwl p hCIAw]1]	naam binaa sab <u>h</u> koor <u>h</u> gaal ^H ee hoch <u>hee</u> -aa. 1	that without the Naam, everything is false and worthless. 1
nwmuinDwnuApiruBgqw min vsf]	naam niD <u>haan</u> apaar <u>b</u> hag <u>ta</u> a man vasai.	The infinite treasure of the Naam abides within the minds of the devotees.
j nm mrx mhudKu sWUsllg nsl]1] rhaw]	janam maran <u>u</u> moh <u>du</u> kh saaD <u>hoo</u> sang nasai. 1 rahaa-o.	Birth and death, attachment and suffering, are erased in the Saadh Sangat, the Company of the Holy. 1 Pause
mih bwid Ahk <u>uir</u> srpr rInAw]	mohi baad <u>u</u> aha ^N kaar sarpar runni-aa.	Those who indulge in attachment, conflict and egotism shall surely weep and cry.
sKu n pwiein@mIl nwm ivCInAw]2]	suk <u>h</u> na paa-ini ^H mool naam vich <u>h</u> unni-aa. 2	Those who are separated from the Naam shall never find any peace. 2
myrl myrl Dwir bDin bIDA w]	mayree mayree D <u>ha</u> ar banD <u>han</u> banD <u>hi</u> -aa.	Crying out, "Mine! Mine!", he is bound in bondage.
nrik srig Avqur mwieAw DIDA w]3]	narak surag av <u>ta</u> ar maa-i-aa D <u>han</u> D <u>hi</u> -aa. 3	Entangled in Maya, he is reincarnated in heaven and hell. 3
sDq sDq sD qqu bCwirAw]	soD <u>ha</u> t soD <u>ha</u> t soD <u>h</u> ta <u>t</u> beechaari-aa.	Searching, searching, searching, I have come to understand the essence of reality.
nwm ibnw sKu n wih srpr hwirAw]4]	naam binaa suk <u>h</u> naahi sarpar haari-aa. 4	Without the Naam, there is no peace at all, and the mortal will surely fail. 4
Awih j wih Ank mir mir j nmqy]	aavahi jaahi anayk mar mar janma <u>ta</u> y.	Many come and go; they die, and die again, and are reincarnated.
ibnu bWysBuvwid j nI Brmqy]5]	bin booj <u>hay</u> sab <u>h</u> vaad <u>u</u> jonee <u>b</u> harma <u>ta</u> y. 5	Without understanding, they are totally useless, and they wander in reincarnation. 5
ij n@karu BeydieAwl iqn@sWUsllg uBieAw]	jin ^H ka-o <u>b</u> ha-ay da-i-aal tin ^H saaD <u>hoo</u> sang <u>b</u> ha-i-aa.	They alone join the Saadh Sangat, unto whom the Lord becomes Merciful.

Amṛit ^h hir k ^o n ^o m ^o iqn ^o j n ^o j ip I ieA ^o]6]	amrit ^h har kaa naam tin ^h ee janee jap la-i-aa. 6	They chant and meditate on the Ambrosial Name of the Lord. 6
Kj ih kit Asik ^h bh ^o q ^o An ^o q ky]	k ^h ojeh kot asa ^N k ^h bahut ^h anant ^h kay.	Uncounted millions, so many they are endless, search for Him.
ij s ^o b ^o w ^o ey A ^o ip n ^o y ^o iqs ^o hy]7]	jis buj ^h aa-ay aap nayr ^h aa tis hay. 7	But only that one, who understands his own self, sees God near at hand. 7
ivsr ^o n ^o i ^o h ^o l d ^o i ^o q ^o r A ^o ip x ^o n ^o m ^o d ^o h ^o]	visar naahee daataar aapnaa naam dayh.	Never forget me, O Great Giver - please bless me with Your Naam.
g ^o x g ^o v ^o idn ^o r i ^o q n ^o n ^o k c ^o w ^o e ^o h ^o]8]2]5]16]	gun gaavaa din raat naanak chaa-o ayhu. 8 2 5 16	To sing Your Glorious Praises day and night - O Nanak, this is my heart-felt desire. 8 2 5 16