

saaDho ih tan mithi-aa jaan-o

rwgubskqihfidi mhl w 9 ] (1186-7)	raag basant hindol mehlaa 9.	Raag Basant Hindol, Ninth Mehl:
swDoiehu qnu imiQA w j wnau ]	saaDho ih tan mithi-aa jaan-o.	O Holy Saints, know that this body is false.
Xw Blqir j o r wmu bsqu hY swco qwih pCwno ]1] rhwau ]	yaa bheetar jo raam basat hai saacho taahi pachhaano.   1   rahaa-o.	The Lord who dwells within it - recognize that He alone is real.   1  Pause
iehu j gu hY sbiq sipy kl djK khw Afwno ]	ih jag hai sampat supnay kee daykh kahaa aidaano.	The wealth of this world is only a dream; why are you so proud of it?
sllg iqhw rY kCU n cwI Yqwih khw I ptwno ]1]	sang tihaarai kachhoo na chaalai taahi kahaa laptano.   1	None of it shall go along with you in the end; why do you cling to it?   1
aisiq inllw daellprhir hir klriq air Awno ]	ustat nindaa do-oo parhar har keerat ur aano.	Leave behind both praise and slander; enshrine the Kirtan of the Lord's Praises within your heart.
j n nwnk sB hl mY pln ek pirK Bgvno ]2]1]	jan naanak sabh hee mai pooran ayk purakh bhagvaano.   2  1	O servant Nanak, the One Primal Being, the Lord God, is totally permeating everywhere.   2  1