

mayray man aykas si-o chit laa-ay

isrlrwgmhl ॥ 5] (44-4)	sireeraag mehlaa 5.	Siree Raag, Fifth Mehl:
sByQk prwpqyj yAwV'iekuhiQ]	sabhay thok paraapaṭay jay aavai ik hath.	All things are received if the One is obtained.
j nmu pdwrQu sPI uhl'j yscw sbdu kiQ]	janam paḍaarath safal hai jay sachaa sabaḍ kath.	The precious gift of this human life becomes fruitful when one chants the True Word of the Shabad.
gur qymhl uprwpqyj suil iKAw hwl' miQ]1]	gur ṭay mahal paraapaṭay jis likhi-aa hovai math. 1	One who has such destiny written on his forehead enters the Mansion of the Lord's Presence, through the Guru. 1
myrnmn eks isauicqu l wie]	mayray man aykas si-o chit laa-ay.	O my mind, focus your consciousness on the One.
eks ibnu sB DDUhl' sB imiQA w mhu mwie]1] rhau]	aykas bin sabh DhanDh hai sabh mithi-aa moh maa-ay. 1 rahaa-o.	Without the One, all entanglements are worthless; emotional attachment to Maya is totally false. 1 Pause
I K KsIAw piqsihlAw j y siqgru ndir krje]	lakh khusee-aa paṭisaahē-aa jay satgur naḍar karay-i.	Hundreds of thousands of princely pleasures are enjoyed, if the True Guru bestows His Glance of Grace.
inmK ek hir nmmudje myr mnuqrnu slq' uhiē]	nimakh ayk har naam ḍay-ay mayraa man ṭan seṭal ho-ay.	If He bestows the Name of the Lord, for even a moment, my mind and body are cooled and soothed.
ij s kauplrib il iKAw iqin siqgr crn ghy]2]	jis ka-o poorab likhi-aa ṭin satgur charan gahay. 2	Those who have such pre-ordained destiny hold tight to the Feet of the True Guru. 2
sPI ml'qusPI ॥ GVI ij quscy nnil ipArū]	safal mooraṭ saflaa gharhēe jīt sachay naal pi-aar.	Fruitful is that moment, and fruitful is that time, when one is in love with the True Lord.
dKusl'pūn l gel ij suhir k w nmmu ADwru]	dookh sanṭaap na lag-ee jis har kaa naam aDhaar.	Suffering and sorrow do not touch those who have the Support of the Name of the Lord.
bwh pkiV gur kwiFAw seel auqirAw pwr]3]	baah pakarh gur kaadhi-aa so-ee utri-aa paar. 3	Grasping him by the arm, the Guru lifts them up and out, and carries them across to the other side. 3
Quru shwv pivquh'ij Q' slq' sBw]	thaan suhaavaa paviṭ hai jithai sanṭ sabhāa.	Embellished and immaculate is that place where the Saints gather together.
Fel iqs hl noiml Yij in plw gur l Bw]	ḍho-ee ṭis hee no milai jin pooraa guroo labhāa.	He alone finds shelter, who has met the Perfect Guru.
nwnk bDw Gruqh'ij Q'imrqun j nmu j rw]4]6]76]	naanak baDhāa ghar ṭahāa ^N jithai miraṭ na janam jaraa. 4 6 76	Nanak builds his house upon that site where there is no death, no birth, and no old age. 4 6 76