

jap man naam ayk apaar

isrlwugumhl w 5] (51-7)	sireeraag mehlaa 5.	Siree Raag, Fifth Mehl:
sllc hir Dnu plj siggru Cif sgl ivkwr]	sanch har <u>Dhan</u> pooj satgur <u>chhod</u> sagal vikaar.	Gather in the Wealth of the Lord, worship the True Guru, and give up all your corrupt ways.
ij in qllswij svvirAw hir ismir hie aDwru]1]	jIn <u>too</u> ^N saaj savaari-aa har simar ho-ay u <u>Dhaar</u> . 1	Meditate in remembrance on the Lord who created and adorned you, and you shall be saved. 1
j ip mn nmueku Apuru]	jap man naam ayk apaar.	O mind, chant the Name of the One, the Unique and Infinite Lord.
pln mnugnu ij nih dIAw irdyk AwDwru]1] rhwau]	paraan man <u>tan</u> jineh <u>dee</u> -aa riday kaa aa <u>Dhaar</u> . 1 rahaa-o.	He gave you the praanaa, the breath of life, and your mind and body. He is the Support of the heart. 1 Pause
kvim kFD Ahlkvir mwgivAwipAw sSwru]	kaam kro <u>Dh</u> aha ^N kaar maatay vi- aapi-aa sansaar.	The world is drunk, engrossed in sexual desire, anger and egotism.
paustj srxl l wgu crxl imtYdKu ADwru]2]	pa-o sant sarnee laag charnee mitai <u>dookh</u> an <u>Dhaar</u> . 2	Seek the Sanctuary of the Saints, and fall at their feet; your suffering and darkness shall be removed. 2
squstjKu dieAw kmvVeh krxl swr]	sat santokh <u>da</u> -i-aa kamaavai ayh karnee saar.	Practice truth, contentment and kindness; this is the most excellent way of life.
Awpu Cif sB hie rxx ij sudje pBu inrlkwr]3]	aap <u>chhod</u> sabh ho-ay raynaa jis <u>day</u> -ay parabh nirankaar. 3	One who is so blessed by the Formless Lord God renounces selfishness, and becomes the dust of all. 3
j dls/su sgl qllYpsirAw pwsru]	jo <u>deesai</u> so sagal <u>too</u> ^N hai pasri-aa paasaar.	All that is seen is You, Lord, the expansion of the expanse.
khu nwnk gir BrmukwitAw sgl blhm blcwr]4]25]95]	kaho naanak gur <u>bharam</u> kaati-aa sagal barahm beechar. 4 25 95	Says Nanak, the Guru has removed my doubts; I recognize God in all. 4 25 95