

aiso sahaa-ee har ko naam

ਮਲਿ ਗਾਉ ਮਹਿ ॥ 5 ॥ (986-19)	maalee ga-urḥaa mehlaa 5.	Maalee Gauraa, Fifth Mehl:
ਅਸ਼ਹੈਲਿ ਹਰਿ ਕੋ ਨਾਮੁ ]	aiso sahaa-ee har ko naam.	This is the sort of helper the Name of the Lord is.
ਸੁੰਦਰਸੰਗਤਿ ਬਿਉਪਰੰ ਕੰਮੁ ]1] ਰਹਿਐ ]	saaDḥsangāt bhaj pooran kaam.   1   rahaa-o.	Meditating in the Saadh Sangat, the Company of the Holy, one's affairs are perfectly resolved.   1  Pause
ਬੀਠਿ ਕਾਉ ਭਯੰਬਿ ਮਿਲਿ ਚੁ ]	boodaṭ ka-o jaisay bayrḥee milat.	It is like a boat to a drowning man.
ਬਠਿ ਚੁ ਚੁ ਚੁ ਚੁ ਚੁ ਚੁ ]	boojhat deepak milat tilat.	It is like oil to the lamp whose flame is dying out.
ਜਲਿ ਚੁ ਚੁ ਚੁ ਚੁ ਚੁ ਚੁ ]	jalat agnee milat neer.	It is like water poured on the burning fire.
ਜਿਥੁ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ]1]	jaisay baarik mukḥeh kheer.   1	It is like milk poured into the baby's mouth.   1
ਜਿਥੁ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ]	jaisay ran meh sakḥaa bharaat.	As one's brother becomes a helper on the field of battle;
ਜਿਥੁ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ]	jaisay bhookhay bhojan maat.	as one's hunger is satisfied by food;
ਜਿਥੁ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ]	jaisay kirkhahi baras maygh.	as the cloudburst saves the crops;
ਜਿਥੁ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ]2]	jaisay paalan saran say <sup>N</sup> gh.   2	as one is protected in the tiger's lair;  2
ਗਰੁ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ]	garurḥ mukḥ nahee sarap taraas.	As with the magic spell of Garuda the eagle upon one's lips, one does not fear the snake;
ਸੁੰਦਰਸੰਗਤਿ ਬਿਉਪਰੰ ਕੰਮੁ ]	soo-aa pinjar nahee kḥaa-ay bilaas.	as the cat cannot eat the parrot in its cage;
ਜਿਥੁ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ]	jaiso aa <sup>N</sup> do hirday maahi.	as the bird cherishes her eggs in her heart;
ਜਿਥੁ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ]3]	jaiso daano chakee daraahi.   3	as the grains are spared, by sticking to the central post of the mill;  3
ਬਹੁ ਚੁ ਚੁ ਚੁ ਚੁ ਚੁ ਚੁ ]	bahuṭ opmaa thor kahee.	Your Glory is so great; I can describe only a tiny bit of it.
ਹਰਿ ਅਗਮ ਅਗਮ ਅਗਮ ਅਗਮ ]	har agam agam agaaDh tuhee.	O Lord, You are inaccessible, unapproachable and unfathomable.
ਅੰਤ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ਮਿਲਿ ]	ooch moochou baho apaar.	You are lofty and high, utterly great and infinite.
ਸਿਮਰਿ ਨਾਨਕ ਗੁਰਿ ਸਾਰਿ ]4]3]	simraṭ naanak taray saar.   4  3	Meditating in remembrance on the Lord, O Nanak, one is carried across.   4  3