

aha^N toro mukh joro

kaanVw mhl w 5] (1306-13)	kaanr <u>haa</u> mehlaa 5.	Kaanraa, Fifth Mehl:
AhMqromKuj ro]	aha ^N <u>toro mukh</u> joro.	Give up your ego, and turn your face to God.
guru gurukrq mnul ro]	gur gur karat man loro.	Let your yearning mind call out, "Guru, Guru".
ipA pliq ipAuro moro]1] rhwau]	pari-a pareet pi-aaro moro. 1 rahaa-o.	My Beloved is the Lover of Love. 1 Pause
iglh sjj shwvl Awgin chw qro rl qropkt dltqn isauslyuqro]1]	garihi sayj suhaavee aagan chainaa <u>toro</u> ree <u>toro</u> panch <u>dootan</u> si-o sang <u>toro</u> . 1	The bed of your household shall be cozy, and your courtyard shall be comfortable; shatter and break the bonds which tie you to the five thieves. 1
Awie n j wie bsyinj Aasin aID kml ibgsro]	aa-ay na jaa-ay basay nij aasan oo ^N <u>Dh</u> kamal bigsoro.	You shall not come and go in reincarnation; you shall dwell in your own home deep within, and your inverted heart-lotus shall blossom forth.
Cutkl hamYsro]	<u>chh</u> utkee ha-umai soro.	The turmoil of egotism shall be silenced.
gwieE rl gwieE pB nink gnl ghyo]2]4]43]	gaa-i-o ree gaa-i-o parabh naanak gunee gahayro. 2 4 43	Nanak sings - he sings the Praises of God, the Ocean of Virtue. 2 4 43