

o-ay sukh kaa si-o baran sunaavaṭ

surg mhl ॥ 5 ॥ (1205-4)	saarag mehlāa 5.	Saarang, Fifth Mehl:
Eie sK kī isaurin sūvq ]	o-ay <u>sukh</u> kaa si-o baran sunaavaṭ.	Who can I tell, and with whom can I speak, about this state of peace and bliss?
And ibnd pjK pB drsn min mḡl gn gvq ]1] rhau ]	anad binod paykh parabh darsan man mangal gun gaavaṭ.   1   rahaa-o.	I am in ecstasy and delight, gazing upon the Blessed Vision of God's Darshan. My mind sings His Songs of Joy and His Glories.   1  Pause
ibsm Bel pjK ibsmḡl pīr rhy ikrpvq ]	bisam <u>bha</u> -ee paykh bismaadee poor rahay kirpaavaṭ.	I am wonderstruck, gazing upon the Wondrous Lord. The Merciful Lord is All-pervading everywhere.
pIE Aīmḡ nūm Amd k ij auḡiK gḡ mskvq ]1]	pee-o amrit naam amolak ji-o chaakh goongaa muskaavaṭ.   1	I drink in the Invaluable Nectar of the Naam, the Name of the Lord. Like the mute, I can only smile - I cannot speak of its flavor.   1
j ḡpvnubḡ kir rwiKE bḡ n Avq j vq ]	jaisay pavan ban <u>Dh</u> kar raakhi-o boojh na aavaṭ jaavaṭ.	As the breath is held in bondage, no one can understand its coming in and going out.
j ॥ kauirdḡ pḡsu BieE hir auA kl khl n j wie khvq ]2]	jaa ka-o ridai pargaas <u>bha</u> -i-o har u-aa kee kahee na jaa-ay kahaavaṭ.   2	So is that person, whose heart is enlightened by the Lord - his story cannot be told.   2
Aan apiv j ḡyikCukhIAih ḡḡ sKypvq ]	aan upaav jaytay kichh kahee-ahi taytay seekhay paavaṭ.	As many other efforts as you can think of - I have seen them and studied them all.
Aichḡ I ॥ uigh Blqir pḡitE Agm j ḡyprKvq ]3]	achint laal garih <u>bheetar</u> pargati-o agam jaisay parkhaavaṭ.   3	My Beloved, Carefree Lord has revealed Himself within the home of my own heart; thus I have realized the Inaccessible Lord.   3
inrgx inrkur Aibnsl Aql o qil E n j vq ]	nirgun nirankaar <u>abhinaasee</u> atulo tuli-o na jaavaṭ.	The Absolute, Formless, Eternally Unchanging, Immeasurable Lord cannot be measured.
khuḡnk Aj ru ij in j irA ॥ iqs hl kaubin Avq ]4]9]	kaho naanak ajar jin jari-aa tis hee ka-o ban aavaṭ.   4  9	Says Nanak, whoever endures the unendurable - this state belongs to him alone.   4  9