

raakhāa ayk hamaaraa su-aamee

B'raumhl w 5] (1136-6)	bhairo mehlaa 5.	Bhairao, Fifth Mehl:
aTq sKIAw bTq sKIAw]	oothaṭ sukhee-aa baithaṭ sukhee-aa.	Standing up, I am at peace; sitting down, I am at peace.
Baunhl I wglj W Aṣy buIAw]1]	bha-o nahee laagai jaa ^N aisay bujhee-aa. 1	I feel no fear, because this is what I understand. 1
rwKw ekumwruw sAwml]	raakhāa ayk hamaaraa su-aamee.	The One Lord, my Lord and Master, is my Protector.
sgl Gtw kw Amrj wml]1] rhaw]	sagal ghataa kaa antarjaamee. 1 rahaa-o.	He is the Inner-knower, the Searcher of Hearts. 1 Pause
sie Aichw j wig Aichw]	so-ay achintāa jaag achintāa.	I sleep without worry, and I awake without worry.
j hw khw pBw qWvrqW]2]	jahaa kahaa ^N parabh too ^N vartantāa. 2	You, O God, are pervading everywhere. 2
Gir siK visAw bwhir sKu pwieAw]	ghar sukh vasi-aa baahar sukh paa-i-aa.	I dwell in peace in my home, and I am at peace outside.
khu nwnk gir mḥḥidw/wieAw]3]2]	kaho naanak gur manṭar drirh-aa-i-aa. 3 2	Says Nanak, the Guru has implanted His Mantra within me. 3 2